academicJournals

Vol. 10(9), pp. 121-131, 8 March, 2016

DOI: 10.5897/AJPP2015.4471 Article Number: 3D938D657145

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Review

Optimizing community effectiveness of antimalarial drugs in malaria-endemic areas of Africa: Issues, challenges, and proposed actions

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Received 1 September, 2015, Accepted 31 December, 2015

Malaria remains a disease of public health concern, which is associated with high mortality and morbidity, particularly in sub-Saharan Africa. This picture is mainly due to low effectiveness of antimalarials at the community level, a scenario caused by different factors related to the availability, quality, and efficacy of antimalarials as well as the degree of the patients' and providers' adherence to evidence-based recommendations about malaria treatment. This review presents an overview of the problem of low community effectiveness of antimalarials in sub-Saharan Africa, with a focus on the various causes as well as potential strategies to combat the problem.

Key words: Antimalarials, sub-Saharan Africa, disease, high mortality and morbidity.

INTRODUCTION

Despite considerable progress in the fight against malaria, the disease remains a global public health problem associated with high morbidity and mortality. According to a recent report of WHO (2014), 90% of all malaria deaths in 2013 (about 528,000 fatalities) occur in the sub-Saharan Africa. Children constitute the worst affected group, with 430,000 deaths (WHO, 2014).

The widespread resistance of *Plasmodium falciparum* to chloroquine and sulfadoxine-pyrimethamine (SP) prompted WHO to recommend artemisinin combination therapy WHO (2001) with the aim of delaying the emergence of resistant parasites. The recommended artemisinin-based combinations include artesunate + SP.

artemether + lumefantrine (AL), artesunate + mefloquine, artesunate + amodiaquine (ASAQ), and dihydroartemisinin + piperaquine WHO (2015). The global acceptance of artemisinin-based combination therapies (ACTs) as first-line antimalarial therapy has contributed immensely to the recent global sharp decline not only in malaria deaths (Eisele et al., 2012; Tambo et al., 2012; WHO, 2014), but also in malaria cases (Gosling et al., 2011). These developments occurred partly, because of a reduction in mosquito transmission of malaria infection due to suppression of the development of *P. falciparum* gametocytes by the drugs (Gosling et al., 2011). Non-ACT antimalarials recommended by WHO

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include SP for intermittent preventive treatment of malaria in pregnancy (IPTp) in pregnant women and infants as well as parenteral artemisinin monotherapy and quinine for severe malaria WHO (2015).

In the next few years, the most advanced malaria vaccine (RTS,S/AS01) will be available in the market (Penny et al., 2015). However, although useful, the vaccine is only moderately effective (Penny et al., 2015), and therefore, optimizing drug treatment of malaria will remain pivotal to malaria control in the foreseeable future.

It is well known that efficacy of antimalarial drugs in the ideal situation of clinical trials is much higher than their effectiveness under the real-life situation, otherwise known as community effectiveness (Krause and Sauerborn, 2000). For any drug, including antimalarial, to be effective, it has to be of good quality, prescribed in compliance with evidence-based instructions after a correct diagnosis, and taken at an appropriate dosage, for an adequate duration (Krause and Sauerborn, 2000). Accordingly, community effectiveness is determined by drug efficacy, availability, and quality, as well as physicians' adherence and patients' adherence.

The aim of this review is to provide an updated narrative review of systematic reviews on the extent of the problem of suboptimal antimalarial community effectiveness in sub-Saharan Africa (SSA) with emphasis on the causes and possible solutions. Selected recent primary studies will also be cited to illustrate certain points. The results and methodological qualities of the included reviews are summarized in Table 1.

COMMUNITY EFFECTIVENESS OF ANTIMALARIAL DRUGS IN SSA

Community effectiveness of antimalarial agents can be assessed using two measures, namely systems effectiveness (Research, 2011) and effective coverage (Tanahashi, 1978; Shengelia et al., 2005). Systems effectiveness of antimalarials assesses the proportion of the community that gets cured of malaria fever after receiving drugs from formal healthcare centres (Galactionova et al., 2015). On the other hand, effective coverage, which is much wider, assesses the overall proportion of the community who are cured of malaria fever. This measure incorporates cure from self-treatment or medicines obtained from informal healthcare providers in addition to systems effectiveness (Galactionova et al., 2015).

Although artemisin in derivatives, the most frequently prescribed antimalarials, are still very effective in SSA; community effectiveness of malaria therapy is currently very low. A recent mathematical modeling based on available data (Galactionova et al., 2015) revealed a high average rate of access to malaria therapy by patients with fever (up to 60%) in the sub-Saharan African region. On the other hand, effective coverage was found to be

low (about 40% on the average) in the region, ranging from 8% in Somalia to 72% in Botswana. A similar pattern was observed in systems effectiveness, which varies from 0.1% in Chad to about 68% in Botswana (Galactionova et al., 2015). The details of the data for other countries are presented in Table 2.

CHALLENGES TO ACHIEVEMENT OF OPTIMAL COMMUNITY EFFECTIVENESS OF ANTIMALARIAL DRUGS IN SSA

- 1. Delay in adoption of evidence-based international policies on management of malaria. For example, by the end of 2013, intermittent preventive treatment of malaria in infants was adopted by only one country in SSA (Burkina Faso) (WHO, 2014). Similarly, although WHO recommended seasonal malaria chemoprevention to 16 countries in the region, only six (Chad, Congo, Mali, Niger, Senegal, and Togo) have complied so far (WHO, 2014).
- 2. Poor compliance of the healthcare practitioners with first-line treatment policy: Compliance among healthcare providers represents the worst affected component of community effectiveness, with a median of 28% (Galactionova et al., 2015). This attitude has been shown to lead to antimalarial treatment failure. Countries with a low rate of compliance among healthcare givers have been observed to show a wide difference between access and effective coverage. A good example of this situation is the particular case of Nigeria, a nation with a very high access to antimalarial treatment (84%), but low effective coverage (41%), which is mainly attributable to low compliance (12%) with first-line treatment policy among its health practitioners. On the other hand, few countries, including Uganda, Botswana and Sao Tome and Principe, have high rates of both access to treatment and compliance with their respective first line treatment policies, resulting in high effective coverage (Galactionova et al., 2015). The details are shown in

Numerous recent studies in sub-Saharan Africa have reported instances of non-compliance with recommended national malaria treatment policy. For example, contrary to WHO recommendation, about 40% of individuals suspected to have malaria are not confirmed using laboratory test (WHO. Accordingly, individuals are still presumptively treated with antimalarials (Ezenduka et al., 2014; Isiguzo et al., 2014; Tabernero et al., 2014). Additionally, prescription of ACTs to febrile patients who tested negative for malaria parasites remains common (Hamer et al., 2007; Ndyomugyenyi et al., 2007). These two practices may lead to over treatment with ACTs and a possible increase in the risk of emergence of resistance.

In addition, recent reports in SSA have documented

Table 1. Characteristics, limitations and conclusions of the included systematic reviews.

Study characteristic	-	Limitations of the study	Conclusions of the study
Author(s)	Bello et al. (2010)		
Study type	Meta-analysis		
Search period, years	2004-2009		
Number of Articles (included/excluded)	15/46	A high degree of heterogeneity exists	
Design(s) of included studies	Randomized control trial	between the included studies. Number of	Artemether-lumfantrine was more
Total sample size (included studies/excluded studies)	4265/Not reported	eligible clinical trials was limited and most	effective than artesunate amodiaquine.
Geographic area(s)	Africa	of the studies were conducted in Western	choon of than antopulate amount quite.
Service/intervention	Comparison of the efficacy of Artesunate-amodiquine vs. artemether-lumefantrine	and Eastern regions of Africa.	
Outcome measures	Day 28 parasitaemia		
Quality of the review (AMSTER/R-AMSTER scores)	8 (72.7%)/29 (65.9%)		
Author(s)	Tabernero et al. (2014)		
Study type	Systematic review	No report was found from the majority (61%) of malaria-endemic countries. Few of the reports employed random sampling	About 30% of the antimalrial samples tested within the period under study
Search period, years	1946-2013	techniques. Most reports failed to use	were of poor quality.
Number of Articles (included/excluded)	251/404	rigurous chemical analytic methods and experimental procedures.	
Design(s) of included studies	In vitro and in vivo studies	experimental procedures.	
Total sample size (included studies/excluded studies)	9348/Not reported		
Geographic area(s)	Africa, Asia, Middle East, Europe, South America		
Service/intervention	Assay of antimalarial quality	-	-
Outcome measures	Chemical analysis, packaging analysis		
Quality of the review (AMSTER/R-AMSTER scores)	7 (63.6%)/29 (65.9%)		
Author(s)	Banek et al. (2014)		
Study type	Systematic review	A high degree of heterogeneity was found	
Search period, years	1991-2013	between the studies, thus precluding the	TI 1 6 11 1 10 T
Number of Articles (included/excluded)	37/51	use of meataanalysis. The studies varied	The degree of adherence to ACT
Design(s) of included studies	Randomized control trial, Cross sectional study, prospective observational study	widely in the methods they used to measure adherence and in their definition of adherence. Most of the studies (28)	varied considerably between different study populations.
Total sample size (included studies/excluded studies)	17,119/Not reported	were not randomized clinical trials. The	Across the studies, there was no consistent association between
Geographic area(s)	Africa, Asia	overall quality of RCTs and cross	adherence to ACT and demographic
Service/intervention	Evaluation of patient adherence to ACTs	sectional studies was good, but the	characteristics of the patients.
Outcome measures	Level of patient adherence, determinants of patient adherence to ACTs	methodological quality of the prospective observational studies was weak.	·
Quality of the review (AMSTER/R-AMSTER scores)	7 (63.6%)/30 (68.2%)		

Table 1. Contd.

Author(s)	Rao et al. (2013)		
Study type	Systematic review		
Search period, years	Not reported		
Number of Articles (included/excluded)	43/NR (10 randomized)		
Design(s) of included studies	Randomized control trial, Cross sectional study, prospective observational study	Most of the included studies (76.7%) were not randomised clinical trials and there was limited	The impact of improving staff training on the success of
Total sample size (included studies/excluded studies)	Not reported	information about the participants.	malaria treatment was below expectation. Greater involvement of informal sector and community health
Geographic area(s)	Africa		workers showed more promise.
Service/intervention	Staff training, use of informal sector, use of mobile phones, involvement of community health workers to improve case management of malaria		·
Outcome measures	quality of malaria treatment		
Quality of the review (AMSTER/R-AMSTER scores)	1(9.1%)/14(31.8%)		
Author(s)	Fuangchan et al. (2014)		
Study type	Systematic review		
Search period, years	Inception date -2013	-	-
Number of Articles (included/excluded)	16/73		
Design(s) of included studies	Randomized control trial, prospective observational study		
Total sample size (included studies/excluded studies)	9247/Not reported	Most of the included studies had poor	
Geographic area(s)	Africa, Asia, Oceania	methodological quality. A high degree of	
Service/intervention	Community education, convenient regimen, supervision of medication, visual media, combinaed verbal information and visual media, packaging aids to improve adherence to antimalarials	heterogeneity was present between the studies. Various definitions methods of assessing adherence were used in the studies. Majority of the included provided did not	All interventions tend to improve adherence. Combination of visual media/verbal information may hold the greatest potential for improving adherence.
Outcome measures	Patient adherence to antimalarials	provide definition for adherence.	
Quality of the review (AMSTER/R-AMSTER scores)	8(72.7%)/33(75%)		

poor adherence of health staff to appropriate management of malaria in pregnancy (Mbonye et al., 2013; Hill et al., 2014) and non-implementation of the guidelines on IPTp (Harrison et al., 2013). Frequent prescription of artemisinin monotherapy (Builders et al., 2014; Afriyie et al., 2015; Elmannan et al., 2015; Romay-Barja et al., 2015) and lack of adoption of first-line ACT among healthcare providers in SSA have also been reported (Harrison et al., 2012).

The reported high rate of presumptive treatment

of malaria by physicians in Africa is mainly attributed to lack of trust in the results of laboratory tests (Chandler et al., 2008; Rowe et al., 2009; Kyabayinze et al., 2010). Another factor contributing to poor adherence to guidelines by healthcare providers is insufficient knowledge. For example, Agbo et al. (2012) have reported poor knowledge of treatment guidelines among health staff at primary healthcare centres in Nigeria. Poor knowledge of healthcare providers about IPTp (Diala et al., 2013; Rabiu et al., 2015) and

appropriate treatment of malaria in pregnancy (Rabiu et al., 2015) has also been documented.

3. Poor quality of antimalarial drugs in SSA: A recent review of 251 antimalarial quality reports from some malaria-endemic countries (Tabernero et al., 2014) has found out that about 30.1% of the antimalarials sampled were of poor quality, of which 39% were fake. However, the total picture of the problem is far from clear, due to unavailability of data from the majority of the

Table 1. Contd.

Hill et al. (2014)		Up to 5 to 40% of women with malaria during pregnancy
Systematic review and meta-analysis		reported using either traditional healers or self-
2006-2014		medication. The included studies consistently showed poor adherence to WHO malaria treatment guidelines
37/92		and reliance on presumptive treatment among health
Randomized control trial, cross sectional study, longitudinal study	Only one of the included studies was a	care providers, especially in first trimester of pregnancy. Barriers to Women's access to standard malaria
16,395/Not reported	Only one of the included studies was a randomized control trial. There was a high degree of heterogeneity between the studies. Determinants of Women's access include education, previous history of antenatal care and miscarriage. Barriers to standard case management practices among health care providers include pressure from patients and concern over cost, availability, safety or side effects of the drug. Determinants of standard practice among providers were the type of health facility (public versus private) and training.	
Africa, Asia, Middle East, South America		
Evaluation of women's access and provider adherence to		
	-	-
determinants of standard management of malaria in		
9(81.8%)/35(79.5%)		
Yakasai et al. (2015)		
,		
Inception date-2015		Patient adherence was significantly lower for ACTs
25/42		procured from private informal sector than for ACTs
Randomized control trial, Cross sectional study, prospective observational study	Of the included studies, only six were randomized control trials. There was a high	purchased from public sector. Significant determinants of ACT adherence were high income, education, number
8654/Not reported		of tablets administered, belief in the efficacy of traditional remedy for malaria. The level of adherence to
Africa, Asia		ACT s was not affected by variations in ACT
•	notorogenity were not exhaustary discussed.	formulations and dosage regimens.
Level of patient adherence, determinants of patient adherence to ACTs		
7(63.6%)/31(70.5%)		
Karunamoorthi (2014)		About one third of antimalarial drugs in sub-Saharan
Systematic review	A high degree of heterogeneity between the	Africa were fake. Majority of counterfeit antimalarial drug
1600s-2013		are made in East Asian region, with the major target
117/159	populations) precluded meta-analysis.	being the resource- limited developing countries. Inexpensive technologies for detecting fake antimalarial
Cross sectional, case control, cohort		agents hold a great potential for fighting this menace.
	Systematic review and meta-analysis 2006-2014 37/92 Randomized control trial, cross sectional study, longitudinal study 16,395/Not reported Africa, Asia, Middle East, South America Evaluation of women's access and provider adherence to standard management of malaria in pregnancy Prescription pattern of antimalarial drugs in pregnancy, determinants of standard management of malaria in pregnancy 9(81.8%)/35(79.5%) Yakasai et al. (2015) Systematic review, and meta-analysis Inception date-2015 25/42 Randomized control trial, Cross sectional study, prospective observational study 8654/Not reported Africa, Asia Evaluation of patient adherence to ACTs Level of patient adherence, determinants of patient adherence to ACTs 7(63.6%)/31(70.5%) Karunamoorthi (2014) Systematic review 1600s-2013 117/159	Systematic review and meta-analysis 2006-2014 37/92 Randomized control trial, cross sectional study, longitudinal study Only one of the included studies was a randomized control trial. There was a high degree of heterogeneity between the studies. 16,395/Not reported Africa, Asia, Middle East, South America Evaluation of women's access and provider adherence to standard management of malaria in pregnancy, determinants of standard management of malaria in pregnancy, 9(81.8%)/35(79.5%) Yakasai et al. (2015) Systematic review, and meta-analysis Inception date-2015 25/42 Randomized control trial, Cross sectional study, prospective observational study 8654/Not reported Africa, Asia Evaluation of patient adherence to ACTs Level of patient adherence, determinants of patient adherence to ACTs (763.6%)/31(70.5%) Karunamoorthi (2014) Systematic review 1600s-2013 117/159 A high degree of heterogeneity between the studies (in study designs and target populations) precluded meta-analysis.

Table 1. Contd.

Total sample size (included studies/excluded studies)
Geographic area(s)
Africa, Asia, Europe, South America

Service/intervention
Evaluation of extent and impact of the problem of fake and substandard antimalarial drugs.

Outcome measures
Quality of the review (AMSTER/R-AMSTER scores)

Not reported
Africa, Asia, Europe, South America

Evaluation of extent and impact of the problem of fake and substandard antimalarials, clinical, public health and socioeconomic impact of fake antimalarials

Cutome measures
G(54.5%)/28(63.6%)

affected nations (60%) as well as the poor methodological quality of most of the studies (Tabernero et al., 2014). In SSA, it has been estimated that up to 17% of AL purchased at informal health sectors are of poor quality. On the other hand, the estimated prevalence of fake SP is even much higher, at 33% (Tabernero et al., 2014). Most of the fake antimalarials originated in South-east Asia (Newton et al., 2011; Karunamoorthi, 2014). Renschler et al. (2015) estimated that in 2013 over 122,000 under-five children died in SSA from poor quality antimalarials.

The lucrative nature and the perceived low risk (with lenient punishment) associated with the business of making and marketing fake drugs, ineffective law enforcement and drug regulatory agencies as well as corruption are the major factors associated with the continuing existence of the problem in the sub-Saharan African region (Karunamoorthi, 2014; Tabernero et al., 2014).

4. Suboptimal effectiveness and resistance to antimalarials: In 2009, the first cases of artemisinin-resistant *P. falciparum* infection were observed in Cambodia (Frenk, 2010) the same region where chloroquine and SP resistance originated before it spread to Africa and other parts of the world. The resistance has been linked to a mutation in the kelch13 gene (gene ID PF3D7_1343700) (Ariey et al., 2014; Mok et al.,

2015; Straimer et al., 2015). Since then, the resistant mutants have spread to other East Asian nations (WHO, 2014), but it is yet to be documented in SSA. However, there are reports of reduced effectiveness of specific ACTs in some parts of African region (Bonnet et al., 2009; Zwang et al., 2009; Group, 2011). The report of a severe case of malaria not responding to artemisinin derivatives observed in a Vietnamese man who returned from Angola is a quite disturbing development (Van Hong et al., 2014).

A meta-analysis by our team suggested that the efficacy of ACTs varies from one country to another (Bello et al., 2010). For example, studies from East African nations, where resistance to amodiaguine is common, suggest the superiority of AL (Table 3). On the other hand, reports from some West African nations (where amodiaguine resistance is low) indicated that ASAQ is noninferior to AL (Happi et al., 2006; Ndiaye et al., 2009; Faye et al., 2010). Such variation in response to a particular ACT has been reported even from the same country (Bonnet et al., 2009). One disadvantage of the use of ASAQ is the selection of mutants that are resistant to both chloroquine and amodiaquine (Frank et al., 2011; Menard et al., 2012; Van Tyne et al., 2013). It is well-known that amodiaguine undergoes crossresistance with chloroquine (Happi et al., 2006) and resistance to amodiaguine, just like that of chloroquine, has been associated with mutations in the pfcrt and pfmdr genes (Djimdé et al., 2001; Sidhu et al., 2002). On the other hand, there is evidence suggesting that the use of AL instead of ASAQ (Alifrangis et al., 2009; Mwai et al., 2009) or even the use of concurrent multiple first-line antimalarial therapies (e.g., AL and ASAQ) as practised in some West African countries (Salissou et al., 2014) may confer an advantage in reversing chloroquine resistance.

Due to their reduced host immunity with consequent elevation and recurrence of parasitaemia, malnourished, especially underweight, young children, are found to be less responsive to ACTs and may require a higher dose of artemether (White, 2002; Verret et al., 2011).

5. Poor patients' adherence to antimalarial therapy: According to a recent systematic review and meta-analysis, adherence to ACTs was significantly lower among patients who procured the drugs from patent medicine stores as compared to their counterparts who purchased the medicines from public health centres (Yakasai et al., 2015). The authors suggested that the finding might be due to the fact that patients received less qualitative instructions from patent medicine vendors. Patient adherence to ACTs also varied between different populations (Banek et al., 2014).

Self-medication with antimalarials is also common (Mussa and Gedif, 2013). In sub-Saharan

Table 2. Data on various components of antimalarial community effectiveness for countries in sub-Saharan Africa affected by malaria (Galactinova et al., 2015).

Country	Access to any provider (%)	Access to a formal care provider (%)	Effective coverage (%)	Provider Compliance with first line antimalarial treatment (%)	Patient Adherence (%)	Systems effectiveness (%)
Eastern Africa				. ,		
Burundi	65	99.9	42.4	69.6	74.5	21.8
Comoros	63	91.8	39.2	51.5	71	14.7
Djibouti	75.6	97.5	48.6	22	97.5	15.2
Eritrea	44	85.8	25.2	62.9	63.8	9
Ethiopia	25.8	94	16.4	58.9	70.7	7
Kenya	61.8	78.6	37.8	43.9	77.2	12
Madagascar	41.4	79.2	22.4	13	71.3	2.1
Malawi	57.7	84.8	37.7	90.9	73	21.6
Mozambique	59.2	99.5	38.7	63.2	72.1	19
Rwanda	48.4	88.2	41.5	95.7	89.5	31.8
Somalia	13	94	7.8	59	64.6	3
Tanzania	77.3	73.3	46.9	55.9	72.3	15.5
Uganda	84	95.3	67.1	68.6	93.9	47
Zambia	68.8	91.4	52.7	81	83.4	34.7
Zimbabwe	42.9	85.8	27	49.1	75.3	9.9
Middle Africa						
Angola	56.9	98	49.5	77.1	97.6	40.4
Cameroon	54.5	50.4	29.9	26.1	86.8	4.8
CAR	33.9	93.3	18.9	9	69.1	1.3
Chad	50.1	17.4	20.7	3	72.4	0.1
Congo	61.4	74.2	44.1	57	88.3	18.7
CDR	58	78	30.2	4	64.3	0.7
Equatorial Guinea	49	50.4	24	6.7	88.3	1.2
Gabon	67.4	74.8	40.8	35.3	93.1	12.8
Sao Tome and Principe	71.1	97.5	68.8	99.2	97.5	65
Northern Africa						
South Sudan	16	94	9.2	33	61	1.1
Sudan	39.1	72	20.7	8	96.8	3.2
Southern Africa						
Botswana	75.1	97.5	72	99.2	97.5	68.1
Namibia	58.6	95.3	39.6	31	97.1	16
Western Africa						
Benin	63.4	58.2	34.5	32	72.4	5.7
Burkina Faso	60.1	90.5	35.9	24.7	83.9	8.7
Cote d'Ivoire	54.6	62.4	29.2	17.1	80.8	3.5
Gambia	60.8	78.1	40.8	64	79.7	18.2
Ghana	67.5	75.2	43	35	90.7	13.8
Guinea	52.8	66.3	28.4	21.3	72.8	3.7
Guinea Guinea-Bissau	52.6 52		20. 4 29.5	31.6	72.8 71.8	5. <i>1</i> 6.2
		78.6				
Liberia Mali	76.3	72.6	47.4 20.2	69.7	70.3	18.1
Mali Mauritania	49.9 45	89.1 85.8	29.2 24.5	22 6.7	78.5 74.7	5.8 1.4

Table 2. Contd.

Niger	61.7	47.8	33.1	65.3	64.9	7.1
Nigeria	83.8	41.2	40.9	11.9	83.9	2.6
Senegal	50.4	85.8	34	42.7	89.1	14.2
Sierra Leone	62	83.6	39.3	31	89.3	12.4
Togo	34	76.7	19.8	28	78	4.2

Table 3. Meta-analysis of randomized control trials comparing efficacy of artemether lumefantrine with artesunate+ amodiaquine by country of study (Bello et al., 2010).

Country of study	Statistics					
	Risk ratio	Lower limit	Upper limit	Z-value	P-value	Comment
Angola (1 trial)	1.910	0.362	10.082	0.762	0.446	No significant difference
Benin (1 trial)	1.920	1.013	3.640	1.999	0.046	AL better than ASAQ
Burundi (1 trial)	6.620	0.827	52.980	1.781	0.075	No significant difference
Congo (1 trial)	2.460	1.371	4.414	3.018	0.003	AL better than ASAQ
Ghana (3 trials)	0.600	0.424	0.849	-2.889	0.004	ASAQ better than AL
Nigeria (2 trials)	2.130	1.067	4.250	2.145	0.032	AL better than ASAQ
Senegal (1 trial)	0.580	0.099	3.407	-0.603	0.546	No significant difference
Tanzania (3 trials)	3.260	1.451	7.325	2.861	0.004	AL better than ASAQ
Uganda (2 trials)	1.310	1.112	1.543	3.233	0.001	AL better than ASAQ
Total (15 trials)	1.285	1.124	1.470	3.665	0.000	AL better than ASAQ

Africa, medicine vendors play a role in the delivery of 15 to 85% of child healthcare products. Many of these distributors do not possess an updated licence (Palafox et al., 2014). The availability of a particular antimalarial in these shops is mainly driven by the patients demand and preference rather than the dictation of the national guidelines (Palafox et al., 2014).

Subsidy of antimalarials was first advocated by Gelband et al. (2004). The Affordable Medicines Facility for malaria (AMFm), an initiative aimed at subsiding the first-line ACTs, was created in 2008 with support from Global Fund (Gelband and Laxminarayan, 2015). However, although ACTs are subsidized or even given free in public health centres in SSA, access to the drugs is limited by frequent stockouts (Palafox et al., 2014). As a consequence, in African countries, non-ACT drugs remain more widely available and less expensive than ACT or artemisinin monotherapy (Rao et al., 2013; Palafox et al., 2014; Lussiana, 2015; Palafox et al., 2015). Accordingly, many patients, being poor and buying drugs from their pockets tend to buy the less expensive non-ACTs.

6. Poor access to antimalarials: It has been documented that up to 15 million pregnant women did not receive malaria prophylaxis in 2013 (WHO, 2014). Multiple studies have identified barriers to optimal utilization of IPTp, including out-of-pocket payments (due to lack of health insurance), lost time, stockouts, the absence of a clear policy and poor knowledge of the providers (Hill et

al., 2013).

STRATEGIES FOR IMPROVING COMMUNITY EFFECTIVENESS OF ANTIMALARIAL DRUGS

Any strategy that can improve the quality or access to recommended antimalarials and increase provider adherence to malaria treatment guidelines, as well as patient adherence to the treatment, can lead to improvement of community effectiveness of the drugs.

Adoption and implementation of policies that will reduce the costs of genuine drugs (e.g., extension of the subsidy of recommended antimalarials to private health sector) will go a long way to making antimalarial counterfeiting business not attractive (Karunamoorthi, 2014). Another strategy that can help in reducing the menace is creation and enforcement of laws designed to severely punish the culprits as well as honor informants who assist in the successful conviction of those found guilty of the crime (WHO, 2005). A recent systematic review has indicated the superior effectiveness of using a multifaceted approach to tackling drug counterfeiting compared to individual interventions (El-Jardali et al., 2015). The problem of substandard and varying batch-to-batch pharmaceutical products maybe reduced through efficient internal and external quality control.

Provider adherence to antimalarial treatment guidelines, including increased implementation of IPTp, has been

shown to improve following enhanced training of healthcare personnel (Mbacham et al., 2014; Mbonye et al., 2014). Also, the common practice of malaria overtreatment with ACTs may be reduced by subsidizing rapid diagnostic tests (Lussiana, 2015).

Similarly, improvement in patient adherence to antimalarial treatment has been documented with strategies such as community education and a combination of visual media/verbal information (Fuangchan et al., 2014).

Availability of artemisinin-derived products can be optimized by expanding the subsidy to the private sector and increasing the yield of artemisinin from plant origin and supporting the semi-synthetic production of artemisinin (Fuangchan et al., 2014).

Optimal therapy of malaria can also be achieved by variation of the doses of the constituents of ACT. For instance, there is evidence that the use of an optimized fixed dose combination of ASAQ is associated with success in therapy (Sirima et al., 2009; Group, 2015), while loose non-fixed dose formulation is associated with recrudescence at day 28 of therapy (Group, 2015). Systematic reviews revealed the effect of changes in dosing on the efficacy of AL (Dose et al., 2015) and dihydroartemisinin-piperaquine (Group, 2013).

The continuing search for an effective alternative to artemisinin derivatives is highly needed due to the imminent threat of the spread of artemisinin resistance from South East Asia to other malaria-endemic nations, especially in SSA. Being a non-lucrative business, development of new drugs for parasitic infections (diseases of underdeveloped nations) is not attractive to pharmaceutical companies (Pink et al., 2005). Drug repositioning-exploration of registered drugs for new indications is a potentially cost-effective strategy for discovery of new interventions against such diseases. Using molecular docking against *P. falciparum* targets, our research team has applied such approach to search for new treatments for malaria with some promising results (Yunusa et al., 2015).

LIMITATIONS TO THE STUDY

There is a large amount of data on the subject area of community effectiveness of antimalarial drugs in sub-Saharan Africa. Therefore, an updated review of systematic reviews on the subject area was conducted citing selected recent primary studies to illustrate some points. A qualitative narrative approach was chosen rather than a quantitative approach to synthesizing the data due to a high degree of heterogeneity of the studies as well as the duplication of many primary studies included in the reviews. One limitation of this approach of reviewing secondary literature was that the quality of the evidence presented in the review depends on the quality of the systematic reviews. Generally, the methodological quality of the reviews was fair and comparable to that found in other reviews of systematic reviews (Burda et

al., 2011).

CONCLUSION

Community effectiveness of antimalarial drugs remains low in sub-Saharan Africa. Although various factors have been documented to contribute to this picture, provider, and patient non adherence to first line treatment is the major factor that plays a key role in the development of the problem. Accordingly, community education and enhanced training of healthcare providers are pivotal in combating the problem.

Abbreviations

ACT, Artemisin-based combination therapy; **AL**, artemether-lumefantrine; **ASAQ**, artesunate + amodiaquine; **IPTp**, intermittent preventive treatment of malaria in pregnancy; **SP**, sulfadoxine-pyrimethamine; **SSA**, sub-Saharan Africa.

Conflict of Interests

The authors have not declared any conflict of interests.

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