

Full Length Research Paper

Assessment of exposure to staphylococcal enterotoxins genes by consumption of ready to consume milk products in milk shop outlets in Mbeya, Tanzania

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This study assessed the exposure of humans to Staphylococcus species expressing the Enterotoxins genes (SEs) through consumption of boiled-milk-served-hot and fermented milk in Mbeya, Tanzania. A survey involving 120 consumers revealed that 67.5% of the respondents were buying raw milk from milk shops for home consumption. About 76% of respondents boiled milk before consumption, 14.8% ferment the milk after boiling and 5.8% consumed fermented milk without boiling. Children (30%) consumed milk more frequently than other members in the family. Among consumers who buy milk from the milk shops, 71% were daily consumers of both boiled milk served hot and fermented milk. Approximately, 1197 L (90% CI, 987-1416) of ready to consume milk was sold per day. Of which 860 L (90% CI, 645-1071) and 337 L (90% CI, 168-530) were boiled-milk-served-hot and fermented milk, respectively. Out of the ready to consume milk, 490 L (90% CI, 464-516) of boiled-milk-served-hot was contaminated with SEs gene compared to 77.5 L (90% CI, 67-88) of fermented milk. Daily 2394 people were consumers of milk and their products. Exposure assessment shows that the probability of consuming boiled-milk-served-hot and fermented milk contaminated with SEs gene at a milk shop was 0.42 (90% CI, 0.071-0.838) and 0.17 (90% CI, 0-0.62), respectively. It was estimated that every day, 363 (90% CI, 341-385) and 58 (90% CI, 49-66) people were likely to consume boiled milk taken hot and fermented milk contaminated with SE gene, respectively. The finding shows that exposure to SEs gene was two times more likely to occur in people who consume boiled-milk-served-hot than in people who consume fermented milk (OR. 2.221 (90% CI, 0.6-6.16). Awareness creation on proper food handling among milk handlers to reduce contamination along the milk value chain is recommended.

Key words: Boiled milk served hot, foodborne disease, public health, fermented milk.

INTRODUCTION

Foodborne disease is an important and growing public health concern in many countries around the globe

(WHO, 2002; Le Loir et al., 2003). Animal source foods have been cited as an important cause of foodborne

illness and *Staphylococcus aureus* is one of the pathogenic microorganisms most frequently linked with foodborne diseases (Le Loir et al., 2003). This bacterium is usually found in milk and milk products as a result of poor hygiene practices and animals with clinical or subclinical mastitis (Mdegela et al., 2009). Following the ingestion of staphylococcal enterotoxins (SEs) that are produced by enterotoxigenic strains of *S. aureus*, initial symptoms include nausea, vomiting (in spurts), abdominal pain, diarrhoea, dizziness, shivering and general weakness, sometimes associated with a moderate fever (Hennekinne, 2012).

Even though many people suffer from foodborne illness yearly, the accurate estimate of the incidences of foodborne disease is difficult to obtain in developing countries like Tanzania. People with symptoms like vomiting, diarrhoea and stomach cramps rarely go to the hospital, due to the limited access to the biomedicine and disease understanding especially in rural areas. In Tanzania, statistics show that 60 to 70% of the population seek healthcare from practitioners of traditional medicine (URT, 2000). Despite the presence of conventional medicine, traditional medicine is widely used and rapidly growing health care system in the country (Kayombo et al., 2012); therefore, the cases of foodborne diseases are under-reported.

Thus, ensuring the safety of milk from dairy farmer where animal husbandry practices differ widely presents a big challenge. Over 85% of milk consumed in Tanzania is from informal markets (Kurwijila, 2006). This causes the consumers of milk to be exposed to ingestion of milk containing pathogenic bacteria (S. aureus and their toxins) in cases where the milk is consumed without heat treatment or other processing capable of inactivating this enterotoxins which is heat resistant (Argudin et al., 2010). Unlike the producer organism, enterotoxins are remarkably heat resistant; as a result, they may be present in foods even when viable S. aureus are absent (Jørgensen 2005). According et al., European Commission for Health and Consumer Protection (ECHCP, 2003) inactivation of crude enterotoxins type A (SEA) in buffer was reduced from 21 to <1 µg/ml after heating at 100°C for 130 min and purified SEA (0.2 mg/ml) was completely inactivated in buffer after heating at 80°C for 3 min or 100°C for 1 min. Previous study showed that boiled hot milk ready to consume harboured pathogenic bacteria (S. aureus) with genes (SEs) responsible for toxins production (Gratian, 2012: Massawe et al., 2017). The SEs are resistant to inactivation by gastrointestinal proteases such as pepsin and trypsin and the toxins produced showed thermal stability (Argudin et al., 2010), making their elimination difficult to achieve (Le Loir et al., 2003). Thus, the aim of this study was to assess the consumption behaviour and the risk of exposure to milk with SE genes in Mbeya, Tanzania. The outcomes of this study will provide useful information and serves as a case study for future mitigation strategies to decrease the prevalence of *S. aureus* and SEs in the Mbeya milk value chain.

MATERIALS AND METHODS

The study was carried out in Mbeya and Mbozi district in Mbeya region which have a high population of dairy cattle. Description of the study area can be found in Massawe et al. (2017).

The study was carried out in three steps. In the first step, two questionnaires were administered to firstly milk consumers who were in the milk shop at the time of visits and willing to participate in the study. The information collected was on milk consumption pattern, frequency of consumption, amount consumed, type of milk preferred (boiled or fermented), whether they buy milk for home consumption, type of milk bought, amount, treatment performed before consumption and people in the family who consume milk and secondly milk shop owner to record information on procedure followed when receiving milk, access to training on milk handling, source of milk, amount of milk handled, amount sold, type of consumer, number of consumer, milk treatment conducted in their shops and types of quality check conducted. Personal observation was also used to get information on milk handling, type of serving utensils, cleanliness of the milk shop and personal cleanliness of owner and his/her staff. Data was collected during the wet (April 2015 to June 2015) and the dry season (August 2015 to November 2015). Samples were collected from 36 milk shops in the study area (18 sites from each district).

The second step involved sampling of milk (raw, boiled milk served hot and fermented milk) carried out concurrently with administration of questionnaire. The final step was laboratory analysis, where the isolation of S. aureus was performed using standard procedure and finally the detection of SE genes in the milk was determined by multiplex polymerase chain reaction (mPCR) (Rahimi, 2013) with modification of annealing temperature. The multiplex PCR was establish using nine pairs of primers (Table 1) allowing the detection of genes encoding staphylococcal enterotoxins genes sea, seb, sec, sed, see, seg, sei, seh and sej. The amplifications were performed in 0.2 ml reaction tubes in a final reaction volume of 25 µl. The PCR mixture consisted of 5 mM MgCl₂, 200 µM dNTPs, buffer, 2 U of Taq polymerase, and 5 µl of DNA. DNA amplification was performed in a Takara thermal cycler (MJ Research, Inc. Tokyo Japan) using the following conditions :initial denaturation for 5 min at 94°C followed by 40 cycles of denaturation (94°C for 30 s), annealing (90 s at 57°C), initial extension for 72°C at 60 s. A final extension step (72°C for 10 min) was performed after the completion of the cycles. The amplified PCR products were visualized by standard gel electrophoresis in a 2% agarose gel stained by Gel red (5 µg/mL). The gel electrophoresis was run for 60 min at 110 V in order to achieve a visible separation of bands. The gels were photographed under ultraviolet light using the Gel-Doc 2000 system (Bio-Rad, USA). Samples that test positive for a particular gene were counted and their isolation rates calculated.

A stochastic model was developed for the exposure to the SE genes by consumers of boiled milk served hot and fermented milk using the following parameters: the number of milk shops (N), the

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Gene	Primer	Primer sequence 5' to 3'	Amplification size (bp)	Reference		
563	GSEAR-1	GGT TAT CAA TGT GCG GGT GG	102	Mebrotra et al. (2000)		
364	GSEAR-2	CGG CAC TTT TTT CTC TTC GG	102			
	GSEBR-1					
seb	GSEBR-2	CCA AAT AGT GAC GAG TTA GG	164	Mehrotra et al. (2000)		
Sec	GSECR-1	AGA TGA AGT AGT TGA TGT GTA	451	Mehrotra et al. (2000)		
000	GSECR-2	TGGCAC ACT TTT AGA ATC AAC CG				
	GSEDR-1	CCA ΑΤΑ ΑΤΑ GGA GAA ΑΑΤ ΑΑΑ				
sed	GSEDR-2	AGATT GGT ATT TTT TTT CGT TC	278	Mehrotra et al. (2000)		
see	GSEER-1	AGG TTT TTT CAC AGG TCA TCC	209	Mehrotra et al. (2000)		
	GSEER-2	CTT TTT TTT CTT CGG TCA ATC		(,		
	SEG-1	TGC TAT CGA CAC ACT ACA ACC				
seg	SEG-2	CCA GAT TCA AAT GCA GAA CC	704	Mehrotra et al. (2000)		
seh	SEH-1	CGA AAG CAG AAG ATT TAC ACG	495	Mehrotra et al. (2000)		
	SEH-2	GAC CITTAC TIA TIT CGC IGI C		· · · ·		
	SEI-1	GAC AAC AAA ACT GTC GAA ACT G				
sei	SEI-2	CCA TAT TCT TTG CCT TTA CCA G	630	Mehrotra et al. (2000)		
sei	SEJ-1	CAT CAG AAC TGT TGT TCC GCT AG	142	Mehrotra et al. (2000)		
-,	SEJ-2	CIG AAT TTT ACC ATC AAA GGT AC				

Table 1. Oligonucleotide primers for amplification of genes encoding staphylococcal enterotoxins.

total quantity of milk sold daily in the milk shops (Q), the average daily milk sold ($\bar{X}m$), concentration of pathogens in contaminated milk (C), prevalence of SEs in ready to consume milk (P_{RV}), the quantity of milk contaminated daily (Q_c), the proportion of people consuming boiled hot milk (P_B) and fermented milk (P_F), the number of daily milk consumers (D_c), and the probability of consuming milk containing SEs (P) (Figure 1).

The following formulas were used:

(1) Daily quantity of milk sold in the study area was estimated using Equation 1

$$Qm = N \times Cn \times Xm$$
(1)

where Q_m is the daily quantity of milk sold in the milk shops in the study area, N is the number of milk shops selling ready to consume milk, C_n is the number of milk consumers, and $\bar{X}m$ is the average milk consumption per person.

(2) Average quantity of milk sold per shop was estimated using Equation 2 $% \left({{{\rm{D}}_{\rm{B}}}} \right)$

$$\bar{X} = Qm/N$$
 (2)

where \bar{X} is the average quantity of ready to consume milk sold in the studied milk shop, $\bar{Q}m$ is the total quantity of milk sold (by

type) in the milk shops in the study area, and N is the number of milk shop surveyed.

(3) The quantity of milk contaminated with SEs was estimated using Equation 3

$$\mathbf{Q}_{\rm C} = \mathbf{P}_{\rm RV} \times \mathbf{Qm} \tag{3}$$

where Q_c is the quantity of milk (L) contaminated, P_{RV} is the prevalence of SEs in milk (laboratory results), Q is the total quantity of milk sold in the studied milk shops.

(4) Number of people consuming contaminated milk daily was estimated using Equation 4

$$NP = Q_{C \times} P_{p} / \bar{X}_{C}$$
(4)

where NP is the number of people consuming contaminated milk

daily, \mathbf{Q}_c is the quantity of milk (L) contaminated by type (boiled hot milk and fermented milk), P_p is the average proportion of people who consume milk in the milk shops by type, $\bar{\mathsf{X}}c$ is the average quantity of milk by type consumed per person per day.

(5) Probability of consuming milk with SEs gene was estimated using Equation 5 $\,$



Figure 1. Fault tree for exposure of consumers to SEs. MCP: Milk collection point; MSP: milk shop; RTC: ready to consume.

$$P = P_{p} \times P_{RV} \tag{5}$$

where P is the probability of consuming milk with SEs genes, P_p is the average proportion of people who consume both milk products in the milk shops, and P_{RV} is the prevalence of SEs in ready to consume milk by type (laboratory results).

$$(P_{RV} = \frac{\text{Total number of Sample with SEs (by milk type)}}{\text{Total number of Sample with S.aureus examined (by milk type)}} X 100)$$

Statistical analysis

The data was analyzed using SAS (2004). Simple descriptive statistics and frequency distribution were used to explore the

variability of the studied parameter involved. Monte Carlo simulation was performed for all the exposure outputs by running 10000 iterations using @Risk 7.5Palisade software.

RESULTS

Milk consumption characteristics

The consumption characteristic of milk in the study area shows that most of the households (80%) consumed milk with other food (Table 2). About 70% of the respondents buy 0.5 to 2 L of milk (amount purchased depend on

Table 2. Milk consumption characteristics in Mbeya and Mbozi the Southern Highlands Zone (N=120).

Parameter	Variable	n (%)			
	Consumed with other food	96 (80)			
Methods of milk consumption	Consumed alone	24 (20)			
Durshood of row mills for home consumption	Yes	81 (67.5)			
Purchase of raw milk for nome consumption	No	39 (32.5)			
	Daily	52 (43.3)			
	Twice/week	9 (7.5)			
Frequency of purchase for home consumption	Thrice/week	31 (25.8)			
	Four/week	16 (13.3)			
	Once/Week	12 (10.0)			
	0.5L-2 L	84 (70.0)			
Quantity purchased per day/family	≥3 L	36 (30.0)			
	0.25-1 L	89 (74.2)			
Quantity consumed/day/family	≥2 L	31 (25.8)			
Treatment of milk before consumption	Yes	109 (90.8)			
	No	11 (9.2)			
	Boil	92 (76.7)			
Type of treatment	Ferment(after boiling)	17 (14.1)			
Type of treatment	Fermented (without boiling)	7 (5.8)			
	No treatment	4 (3.4)			
	Children and elders	13 (10.8)			
Family member who consume milk	Children only	36 (30.0)			
	Elders only	11 (9.2)			
	Whole family	60 (50.0)			
Frequency of consumption in milk shops	Daily	89 (74.2)			
	Occasionally	31 (25.8)			

income of the individual) and 74.2% of the respondents consume 0.25 to 1 L per day. Furthermore, 76.7% of the respondent's boiled milk before consumption and 9.2% drink raw milk. Fifty percent of the respondents, whole family members consume the milk (6 people per family), 30% of the respondents only children consume the milk, while in 9.2% of the respondent's only elders consumed milk.

Characteristics of milk shops in the study area

Characteristics and practices conducted in the milk shops are shown in Table 3. Sixty seven percent of the milk shops owners were male and their age ranged from 21 to 73 years old. Fifty eight percent of milk shop owners aged between 21 and 50 years. Most of the respondents had primary education level (63.9%) and only 11.1% attended food handling training. The utensils used for milk handling were plastic buckets (86.1%) and aluminium cans (2.8%). Most of the milk shops (66.7%) had no cooling facilities. Test for milk quality was common to all milk shops and density in combination with clot on boiling was the most frequently method used by 69.4% of the respondents.

Factors associated with isolation of SEs gene in ready to consume milk

The age of the milk shop owner had influence on the rate of SEs isolation (Table 4). The samples collected from the milk shops owned by younger personnel had greater chance of SEs isolation (OR 1.83 (90% CI, 0.52-6.47)

Parameter	n (%)
Sex of the respondents	
Female	12 (33.3)
Male	24 (66.7)
Age group	7 (10, 1)
21-36	7 (19.4)
37-50 51 62	14 (38.9)
>63	9 (23) 6 (16 7)
200	0 (10.7)
Education level	
Primary	23 (63.9)
Secondary	9 (25)
Post-secondary	4 (11.1)
Experience in business (Years)	14 (29.0)
1-2	14 (30.9) 15 (41 7)
3-5 >6	7 (19 4)
20	7 (13.4)
Training in food handling	
Yes	4(11.1)
No	32 (88.9)
Personal hygiene	
Clean	33 (91.7)
Dirty	3 (8.3)
litensil used	
Aluminium	1 (2 8)
Plastic + Aluminium	4 (11.1)
Plastic bucket	24(86.1)
Storage facilities	
Refrigerators	7 (19.4)
Deep freezers	3 (8.3)
Deep + Refrigerator	2 (5.6)
None	24 (66.7)
Weshing of storells	
Washing of utensils	26 (100)
Hot water and soap	30 (100)
Milk quality measures	
Yes	36 (100)
	· · · ·
Types of quality measures	
Density	10 (27.8)
Density + Clot on boiling	25 (69.4)
Acid test + Density	1 (2.8)

Table 3. Characteristic of milk shops and milk shop operators in Mbeya and Mbozi, Tanzania (N=36).

Parameter	Odd Ratio	90% CI
Age	1.83	0.52-6.47
Education	0.57	0.35-1.84
Experience	1.31	0.46-3.72
Cooling facilities	1.72	0.65-4.48
Washing of utensils with hot water and soap	1.05	0.32-3.51
Use of quality control	0.40	0.10-1.55
Utensil used for milk handling	0.84	0.23-2.97
Quality measures	0.62	0.22-1.83
Training in food handling	0.83	0.33-2.89

Table 4. Social and management factors which might contribute to isolation of SEs gene in ready to consume milk sold in Mbeya, Tanzania.



Figure 2. Isolation of S. aureus from boiled, fermented (soured) and raw milk in Mbeya, Tanzania.

than those collected from shops of older personnel. Having a post secondary education reduces the odds (OR 0.57 (90% CI, 0.35-1.84) of SEs isolation. In addition, samples from milk shop owned by personnel who had little experience was at relatively higher chance (OR 1.31 (90% CI, 0.46-3.72) of isolating SEs gene. Absences of cooling facilities increase the odds (OR 1.72 (90% CI, 0.65-4.48) of SE isolation. Furthermore, the shops which conducted quality control reduce the odds of SEs isolation by 0.62 (90% CI, 0.22-1.83).

Hazard identification

Analysis of milk samples showed that isolation rates of *S. aureus* from raw milk in farmer, MCP and milk shops were 8.9, 22.2 and 13.9%, respectively (Figure 2). The corresponding percentages for boiled milk served hot and fermented milk were 9.7 and 18.1%, respectively. Among the isolated *S. aureus*, 36.4% had SE coding genes. Thus, SEs is identified as a potential hazard and risk to

milk consumers. The SE coding genes were isolated in the ready to consume milk (boiled hot 57.1% and fermented (23.1%) sold in the milk shops in the study area (Figure 3).

Isolation of SEs coding genes at the milk shops were highest in boiled milk (57.1%) followed by raw milk (30%) and fermented milk (23.1%) (Figure 3).

Exposure assessment

In this study, storage time, temperature profiles during harvesting, storage and transportation were not recorded. The quantity of milk contaminated and daily consumption of milk in the study area is shown in Table 5. The quantity of milk sold was estimated to be 1197 L (90% CI, 1109.7 -1316.4) per day. Among this, 860 L (90% CI, 797.3-922.7) was boiled hot and 337 L (90% CI, 312.4-361.6) fermented milk. Approximately, 490 L (90% CI, 464-516) and 77.5 L (90% CI, 67-88) of boiled hot and fermented milk, respectively were contaminated with SE coding



Figure 3. Isolation of SEs from raw, boiled and fermented (soured) milk in Mbeya, Tanzania.

Table 5.	Outputs of	the n	nodel	(10000	iterations)	for	exposure	assessment	of	SEs	gene	from	boiled	hot	and	fermented	milk ir	n Mbeya,
Tanzania																		

Parameter	Mean (90%CI)	Minimum	Maximum	
Quantity of boiled hot milk contaminated daily	490 (464-516)	427L	576L	
Quantity of soured milk contaminated	77.5 (67-88)	53L	104L	
Probability of consuming milk with SE in boiled hot	0.42 (0.071-0.838)	0	0.99	
Probability of consuming milk with SE in soured milk	0.17 (0-0.62)	0	0.89	
Estimated number of people consuming contaminated boiled hot milk	363 (341-385)	301	414	
Estimated number of people consuming contaminated soured milk	58 (49-66)	37	82	
Proportion of milk consumers in the milk shops	0.71 (0.464-0.944)	0.13	0.99	

gene. Furthermore, 363 (90% CI, 301-414) (Figure 4) and 58 (90% CI, 49-66) persons were estimated to consume contaminated boiled and fermented milk, respectively. The probability of consuming boiled hot milk and fermented milk contaminated with SE gene at a milk shop was 0.42 (90% CI, 0.071- 0.838) (Figure 5) and 0.17 (90% CI, 0-0.62), respectively. Odd ratio analysis showed that the exposure to SE gene was two times more likely to occur in people who consume boiled-milk-served-hot milk (P < 0.05) (OR: 2.21 (90% CI, 0.6-6.16) than in people who consume fermented milk.

DISCUSSION

The information on milk consumption in the study area revealed that milk was mostly consumed with other foods. Foods that were mentioned to be consumed with milk include tea, *ugali* (Ugali is made from maize/wheat/fingermillet flours mixed in boiling water and

made into a thick porridge), porridge, banana and rice. In the family where keeping of cattle was not practiced, children, elderly and sick individuals were given priority more than other groups. The amount purchased and consumed depends on the economic status of individual/family. Similar findings were reported in Ghana (Aidoo et al., 2009) and Kenya (Njarui et al., 2011) that income of the households head influenced the milk consumption in a family. Boiling of milk before consumption was common practice in the study area. This practice should be encouraged because boiling reduces the microbial load into a level considered to be safe for human consumption, particularly that all pathogens are also destroyed. The finding concurs with Omore et al. (2005) that boiling of milk is a common practice in many households.

In order to safeguard the consumer's health, knowledge on milk safety is very important. Lack of knowledge in milk handling may have a negative impact on consumer's health. In this study, training of the milk



Figure 4. Monte Carlo simulation for the number of people consuming boiled hot milk contaminated by SE gene.



Figure 5. Monte Carlo simulation for the probability consuming boiled hot milk contaminated by SE gene.

shop owner on milk handling had no significant influence on the quality of milk. Though not significant, the milk shop owners who attended training were more likely to sell good quality milk relative to those who lack training. In the present study, training reduces the risk of SEs isolation in milk. The lack of training in milk quality may be a contributing factor to unhygienic milk handling by the informal sector traders (Omore et al., 2005; Kitagwa et al., 2006).

Age of the milk shops owner varied from young to old age. It was observed that a younger age with little experience in milk business related with increased odds of selling milk with SEs in their shops. The finding concurs with the study conducted in India (Singh et al., 2015) which reported that experience in dairying and milk sales had positive and significant correlation with the milk quality. The practice for cold storage in most of milk shops was that the freezer/fridge was operating by day and switched off during the night purposefully for saving the cost of electricity. It was observed that the milk shops that had no cooling facilities were relatively at higher risk of having SEs genes in the milk than the milk shops with cooling facilities. Exposing the milk to ambient temperature creates a good environment for SEs coding genes to produce toxins (Paulin et al., 2012).

The exposure results show that there is a greater chance for consumers to be exposed to contaminated milk because ready to consume boiled hot milk sold in the milk shops contained SEs coding genes. Despite the fact that boiled milk is considered safe, its consumption could expose the consumers to the risk of consuming SEs coding genes which is heat resistant. This is because more than half of the boiled milk sold in the milk shops in the study area contained SEs coding genes at consumption. Although the study did not estimate the chances of human illness related to consumption of contaminated milk; still, consumption of SE contaminated milk is expected to result into illnesses. Regardless of the quantity of milk contaminated and consumed daily, no outbreaks of bacterial food-borne illness associated with consumption of milk has been reported in the study area. The reason could be that many cases are not reported, which may be due to the limited access to the healthcare system and understanding diseases especially in village areas where the healthcare system is not available and or not well established.

The estimated number of people consuming milk with SE gene is higher especially for boiled-milk-served-hot. This result is alarming because if the isolated genes produce toxins this could affect large number of peoples who consume boiled-milk-served-hot in the milk shops. A study conducted in the Ivory Coast by Sylvie et al. (2012) reported that 652 people were estimated to ingest milk contaminated with *S. aureus* which is higher compared to current study. In their study, only total *S. aureus* was considered, without estimating SE producing strains.

The probability of consuming milk with SEs gene for the people who consume boiled-milk-served-hot and fermented milk in this study indicated that the risk for consumers of boiled-milk-served-hot is higher than consumers of fermented milk. The result shows that the probability of isolating SE gene in boiled-milk-served-hot was more than two times compared to fermented milk. Studies conducted by Gratian (2012) and Sylvie et al. (2012) in Tanzania and Ivory Coast, respectively reported the probability of ingesting milk with *S. aureus* to be 29.9 and 22.7%, without estimating SE producing strains.

The contaminations of milk can occur at any point from the production to selling points if proper hygienic measures are not followed. This was evident by the presence of SEs from production to selling point. The results showed decreasing trend of SEs gene isolation (raw milk) from production through selling point. The higher rate of isolation of SEs from raw milk in production level could be due subclinical mastitis and unhygienic milking procedure. In the milk collection points and milk shops, the effect of dilution and failure of *S. aureus* to compete with other bacteria could be the reason for low isolation rates of SEs. This is because *S. aureus* fails to reach the maximum concentration (>10⁵ cfu/ml) for SEs to be detected, thus there is possibility that large number of *S. aureus* isolates with lower concentration of organisms will not reach its growth potential for SEs gene to be detected. It is worth to mention that S. aureus bacteria can be destroyed during food processing without destroying SEs; hence, their rate of isolation may differ between food products. Similar result was reported by Noha et al. (2011) that samples collected at farm had higher isolation of SEs followed by street distributors and milk shops. Furthermore, the results showed higher isolation rates of SEs coding gene in boiled milk served hot at consumption which is a potential risk to the consumers. The presence of SEs gene in boiled milk indicates that most of the SEs detected genes could produce toxins responsible for foodborne disease and probably by the time milk was boiled, already milk had heat stable toxins produced by SEs genes. Based on the results of the current study, large numbers of people who consume milk at milk shops could become sick if SEs genes in milk produces toxin. According to Le Loir et al. (2003), the exposure to SEs gene responsible for toxin production exists due to recontamination of food products and difficulties to eliminate SE toxins in the food by normal boiling. Thus, proper milk handling practices along the entire value chain should be a rule of thumb in order to safe guards the health of ready to consume milk in the study area.

CONCLUSIONS AND RECOMMENDATION

(1) Ready to consume milk sold at milk shops contained SE coding gene and pose a potential risk to the health of consumers.

(2) Higher numbers of consumers of boiled-milk-servedhot in the milk shops are exposed to consumption of milk with SE coding genes.

(3) Hygiene training to reduce the contamination of SEs on the ready to consume milk is recommended.

CONFLICT OF INTERESTS

The authors have not declared any conflict of interests.

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