

Full Length Research Paper

Prevalence, seasonality and antibiotic susceptibility of thermophilic *Campylobacter* in ceca and carcasses of poultry birds in the “live-bird market”

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Thermophilic *Campylobacter* spp. are the primary cause of human diarrhea. The common source of infection is contaminated poultry. This study aimed to establish the prevalence of *Campylobacter* spp. in poultry obtained from ‘pluck shops’ and provide a baseline of resistance profiles of *Campylobacter* spp. isolates obtained. A biphasic approach, with qualitative detection as well as quantitative enumeration of *Campylobacter* spp. was used. We examined 240 samples each, of carcasses and cecum of poultry obtained from ‘pluck shops. Amongst the cecum samples and carcasses, 59.5 and 57%, respectively were positive for *Campylobacter* spp. The average *Campylobacter* spp. concentration was 2.69 (S.D 0.419) log₁₀ CFU/mL and 4.55 (S.D 0.607) log₁₀ CFU/g for carcass rinsate and cecum, respectively. Of the 225 *Campylobacter* isolates studied, 76.9% were identified as *Campylobacter jejuni* and 23.1% as *Campylobacter coli*. Susceptibilities for 112 strains of *C. jejuni* and 31 strains of *C. coli* were determined for 12 antibiotics by the agar diffusion technique. According to the minimal inhibitory concentration, a marked resistance to gentamycin and chloramphenicol was also demonstrated. According to the antibiotic resistance profiles, the isolates appeared to differ from each other.

Key words: *Campylobacter*, seasonality, antibiotic resistance, India, wet-market, pluck-shop.

INTRODUCTION

Campylobacter jejuni and *Campylobacter coli* are commonly associated with poultry as well as poultry products because they are commensal of the avian gut. *Campylobacter* spp. is the causative agent responsible for human Campylobacteriosis (Humphrey et al., 2007). The central aspect of *Campylobacter* infection in humans is an acute inflammatory gastroenteritis. The disease begins with a battery of symptoms, which may or may not be mutually exclusive. Abdominal cramps, fever, rigors, dizziness, headache, convulsions, delirium, nausea and even

myalgia may be among the prodrome preceding copious, runny, watery and bile stained diarrhea. Poultry meat is the principal risk factor associated with *Campylobacter* infections in man (Kapperud et al., 1992; Hudson et al., 1999; Allos, 2001). The different serious sequels such as Guillain-Barré syndrome (GBS) or Reiter syndrome are characterized by polyneuritis of the peripheral nerves and may be seen in 1 of 1000 patients infected with *C. jejuni*. These sequelae may be associated with paralysis and severe neurologic deficits (Nachamkin et al., 1998; Kuroki

et al., 1993). These bacteria are associated with commercially produced chickens from free range farms as well as mass-produced broilers and laying hens (Rodenburg et al., 2004; Miraglia et al., 2007).

Campylobacter sp. contamination commences at the farm level (Byrd et al., 1998). Colonization levels from log 5 to log 9 CFU/g of cecal contents have been reported in broilers (Berndtson et al., 1996). Horizontal transfer of *Campylobacter* ensures the spread of the organism within the whole flock in a few days (Gerdemann, 1996). It has been proposed that human infections follow increased *Campylobacter* in animals (Baker et al., 2012).

In India, the broiler poultry is processed and vended as a fresh product to consumers from a particular location defined as a "pluck shop" (Rodrigo et al., 2005).

The poultry industry thrives solely as a 'live-bird' market comprising the pluck shops. Traditional poultry facilities at the wholesale or retail level are manual with negligible sanitary practices taken on the flooring or by the personnel. Only scarce 5% of all poultry meat in India is processed mechanically in industries under hygienic conditions using recommended equipment whereas most poultry meat enters the food chain via the 'live-bird' market through 'pluck-shops' (Reardon and Gulati, 2008). This may be because consumers prefer fresh meat. The fact that mechanical slaughtering process incorporating equipments may reduce the level of contamination by 100 to 1000 times (Rosenquist et al., 2006), is usually overlooked due to cultural disposition to assume that hand slaughtered birds are the fresher and healthier ones.

An infected carcass indicates an infected bird. This is because unlike most other bacteria implicated in food poisoning, *Campylobacter* are fastidious and cannot multiply outside their animal host. Hence, any contamination on the carcass is from within the birds itself. The *Campylobacter* levels on the carcass represent an important source of consumer exposure and potential risk for infection (Stern and Robach, 2003). Thus, the quantification of the *Campylobacter* contamination levels in the birds available through 'live-market' is predominantly imperative. However, Indian reports on human *Campylobacteriosis* or even incidence in poultry are sparse. The above fact has underlying global consequences in light of the increasing numbers of travelers entering and poultry exports exiting the Indian subcontinent.

Campylobacter colonization in poultry has been reported to follow a seasonal pattern, peaking in the warmer months (Jacobs-Reitsma et al., 1995; Boysen et al., 2011; Nylen et al., 2002; Hudson et al., 1999). To date, there have been very few studies investigating the prevalence and seasonality of *Campylobacter* spp. in the Indian poultry industry. In the present study, we have quantified the *Campylobacter* contamination levels on carcasses in the 'live-market' and identified the various thermophilic *Campylobacter* found. Additionally, we examined the antibiotic susceptibility of these isolates. To our knowledge, this is the first comprehensive report exploring

the seasonality of *Campylobacter* in poultry from tropical environments.

MATERIALS AND METHODS

Determination of sample size

The sample size was calculated using the formula proposed by Thrusfield, for a large (theoretically 'infinite') population on assuming simple random sampling with annual expected prevalence (p) of 50%, desired confidence level (Z) of 95%, corresponding to a Z value of 1.96 (Thrusfield, 1995) and using the formula:

$$n_{\infty} = (Z\alpha)^2 p (1-p)/L^2$$

The population size is infinite hence; the sample size is 384 with accuracy (L) of 5% and sample size of 196 with accuracy (L) of 10%. Considering practicality of the sampling and the time taken for processing, 240 ($L=6.3\%$) carcasses were sampled over the course of one year (May 2008 to April 2009) from vendors located at four regions within Pune viz. Aundh, Camp, Chinchwad and Hadapsar.

Qualitative detection of *Campylobacter* spp.

The qualitative detection of *Campylobacter* was carried out to understand its prevalence and find the percentage of samples positive carrying *Campylobacter*. Presence or absence testing was performed on 240 carcass and cecum samples each according to modifications of ISO 10272-1:2006(E). Briefly, the method was as follows: 25 g of carcass meat sample was placed into enrichment broth (1:10), homogenized and then incubated at $42 \pm 1^\circ\text{C}$ for 48 h under the microaerobic conditions (5% O_2 , 10% CO_2 , 85% N_2). Sterile Preston broth (HiMedia, India, M899) supplemented with selective supplement (HiMedia, India FD-042) containing polymyxin B (5 IU/mL), rifampicin (10 $\mu\text{g/mL}$), trimethoprim 10 ($\mu\text{g/mL}$) and cycloheximide (100 $\mu\text{g/mL}$) along with 10% horse blood (Haffkine Biopharmaceutical Ltd, Pune) was used as enrichment broth. Then one loopful of enrichment broth was streaked onto mCCDA agar plates (ISO, 10272-1; Stoyanchev et al., 2007; Habib et al., 2011). For qualitative analysis, about 0.5 g of caecal contents were directly plated on mCCDA plates (Hansson et al., 2010).

Both sets of mCCDA plates were then incubated at $42 \pm 1^\circ\text{C}$ for 24 h under microaerobic conditions using McIntosh and Fildes's anaerobic jar (Hi-Media, India Anaerobic System Mark VI, LE013). Plates were inspected to detect the presence of colonies presumed because of their characteristics of *Campylobacter*.

Quantitative determination to enumerate *Campylobacter* counts

For quantification of *Campylobacter*, modification of the ISO 10272-2:2006(E) was used. Briefly, 48 whole carcasses were rinsed in a large plastic bag containing 500 mL of sterile buffered peptone water to obtain carcass-associated microflora. Decimal dilutions in buffered peptone water were prepared from 1 mL of rinsate. One hundred microlitres of each dilution was spread plated in duplicate onto mCCDA (HiMedia, India, FD-042). Then forty-eight ceca were obtained, 12 from each region. Cecal contents were weighed and diluted in buffered peptone water. Then a 10-fold serial dilution in peptone water was prepared. One milliliter from each dilution was then plated on mCCDA plates (Hansson et al., 2010).

The plates were incubated at $42 \pm 1^\circ\text{C}$ for 48 h in a microaerobic atmosphere (85% N_2 , 10% CO_2 , 5% O_2) (ISO, 2006b, 10272-1). The number of *Campylobacter* was expressed as log CFU/mL car-

cass rinsate and log CFU/g for carcass and cecum, respectively.

Microbiology of presumptive isolates

The plates were examined for round, translucent, raised, convex colonies with entire edge, and a tendency to spread indicating motile nature. The suspected colonies were contradistinguished by the presence of slender, spiral, curved and Gram-negative rods with typical corkscrew, darting motility under hanging drop examination. Presumptive colonies were oxidase positive and unable to grow under aerobic conditions, when incubated on fresh mCCDA plates at 37°C. Presumptive colonies, based on colony morphology, were restreaked on Muller-Hinton-based blood agar plates (Hi-Media India, M-173) supplemented with 10% (v/v) horse blood and incubated microaerobically at 42°C for 24 h. Isolated colonies were then restreaked for purity on mCCDA and incubated microaerobically at 42°C overnight. Biochemical tests, which consisted of hippurate hydrolysis, catalase test, indoxyl acetate hydrolysis and H₂S test, were performed on colonies isolated from the blood agar plates. The Hi*Campylobacter*[™] Latex Test Kit (Hi-Media, India), a rapid latex agglutination test was used for confirmation of the isolates as thermophilic *Campylobacters*.

Molecular typing

The presumptive *Campylobacter* were authenticated by the presence of a 450 bp amplicon obtained using the primers designed to specifically amplify coding regions from the flagellin gene; Pg50 5'-ATGGGATTTTCGTATTAAC-3' and Pg3 5'-GAACCTTGAACCGATTTG-3, (Oyofe et al., 1992). Tubes were subjected to 25 cycles of 94°C for 1 min, 37°C for 1 min and 72°C for 1 min, followed by a 5 min extension at 72°C. Also for ten representative isolates, the 16S rRNA gene was amplified using the primers F-27 5'-AGAGTTTGATCMGGCTCAG-3' and R-1525 5'-AAGGAGGTGWTCCARCC-3' (Lane, 1991).

For 16S rRNA, tubes were subjected to 35 cycles of 94°C for 30 s, 55°C for 30 s and 72°C for 1 min, followed by a 7-min extension at 72°C. The sequencing reaction for either PCR reaction was performed in 25 µl volumes containing 1 µl DNA; 20 mM Tris-HCl (pH 8.3); 50 mM KCl; 2.5 mM MgCl₂; 200 µM each dNTP; 0.4 µM of each primer; and 0.625 units of *Taq* DNA polymerase.

Sequencing was performed using degenerate primers 907R (Sigma). Sequence data were obtained using a 3730 DNA Analyzer (Applied Biosystems, Foster City, CA). The sequence analysis software used was ChromasPro v1.34. Identity of the isolates was confirmed by BLAST on NCBI.

Antibiotic susceptibility

The minimum inhibitory concentration was determined for 143 selected isolates (112 *C. jejuni*, 31 *C. coli*) of *Campylobacter* which showed resistance towards at least one antibiotic. The agar dilution method recommended by the Clinical and Laboratory Standards Institute (CLSI) (previously National Committee for Clinical Laboratory Standards, NCCLS), subcommittee on Veterinary Antimicrobial Susceptibility Testing (NCCLS, 1999) was used as a standard. The tested antimicrobial agents (HiMedia, India) were as follows: ampicillin, azithromycin, chloramphenicol, ciprofloxacin, doxycycline, gentamycin, nalidixic acid, norfloxacin and tetracycline. There is a dearth of internationally validated criteria for breakpoints of susceptible or resistant isolates for *Campylobacter*. Consequently, where breakpoints from CLSI were not available, established breakpoints were used (Luber et al. 2003a; Yabe et al., 2010; Gu et al., 2009; Luangtongkum et al., 2007).

Suspensions of isolates were prepared and were adjusted to a turbidity equivalent to a 0.5 McFarland standard, which is equivalent to 1.5 x 10⁸ CFU/mL. This was diluted to 1:100 leading to a concentration of 1.5 x 10⁶ CFU/mL. The final inoculum on the agar was approximately 3 x 10³ CFU/spot. These suspensions were inoculated onto Mueller-Hinton agar (HiMedia, India) containing the twofold dilution series of antibiotics and supplemented with 5% defibrinated horse blood (Luangtongkum et al., 2007). Plates were incubated at 42°C for 48 h, in a microaerophilic atmosphere. Growth was assessed after incubation and the MIC value was determined to be dilution of the antibiotic, which inhibits the growth of the isolate under study. Antimicrobial susceptibility was determined for concentrations ranging from 0.125 to 256 µg/mL. To ensure reproducibility, MIC determinations were repeated at least thrice.

Statistical analysis

Campylobacter counts were converted to a logarithmic scale to approximate the results to normal distribution. *Campylobacter* detection was recorded in binary variables in terms of *Campylobacter* presence or absence. Enumeration results were recorded as CFU/mL of rinse liquid for carcasses and CFU/g of cecal contents. *Campylobacter* mean counts (carcass and ceca) were compared between months and between seasons. P ≤ 0.05 was considered statistically significant. Statistical analysis of the data was carried out using Minitab (Version 14).

RESULTS

Overview of *Campylobacter* contamination

Table 1 shows prevalence of *Campylobacter* spp. in chicken carcasses and intestine from broilers at pluck shops. All the live processing units were found to be positive for *Campylobacter*. More than half (59.6%) of the cecal samples and 57% of the carcasses tested were positive for *Campylobacter* spp. The prevalence of *Campylobacter* spp. in contaminated carcasses was highest in the Aundh area (65%), and lowest in the Camp region (48.3%). The prevalence of *Campylobacter* contaminated ceca was highest in the Camp region (66.7%) and lowest in Hadapsar (55%). Of the 225 isolates studied, 76.9% (173) were identified as *C. jejuni* and 23.1% (52) *C. coli*.

The isolates were positively identified using the PCR based assays for identification of *Campylobacter* spp. Since the biochemical analysis revealed the presence of only *C. jejuni* and *C. coli* amongst the isolates, a single PCR assay that amplified a part of the flagellin gene was deemed sufficient for the study. The PCR yielded the expected amplicon of product size of 450 bp, with the primers specific for flagellin gene. Further, the PCR assay confirmed that the isolates obtained belonged to *Campylobacter* spp. On amplification of 16SrRNA gene and carrying out BLAST, along with differentiation based on biochemical tests, the isolates were identified as *C. jejuni* or *C. coli*.

The count data for carcass contamination showed that 81.7% of the samples were contaminated with 10² to 10³ CFU/mL, while 16.7% of the samples showed contamina-

Table 1. Prevalence of *Campylobacter* in chicken carcasses and intestine from broilers at pluck shops.

| Area ^a | Number (%) of samples positive for <i>Campylobacter</i> | | Mean microbial count | |
|-------------------|---|----------------------|--------------------------|--------------------------|
| | Intestine ^c | Carcass ^c | Cecca ^d | Carcass ^d |
| Aundh | 36 (60.00) | 39(65.00) | 4.38 ± 0.60 ^b | 2.92 ± 0.77 ^b |
| Camp | 40 (66.66) | 29 (48.33) | 4.65 ± 0.64 ^b | 2.69 ± 0.27 ^b |
| Chinchwad | 34 (56.66) | 37 (61.66) | 4.40 ± 0.62 ^b | 2.62 ± 0.29 ^b |
| Hadapsar | 33 (55.00) | 32 (53.33) | 4.77 ± 0.54 ^b | 2.61 ± 0.20 ^b |
| Total | 143(59.58) | 137 (57.08) | | |

^aFor the study, samples were collected from four 'pluck shops' at each area; ^bNumbers without common superscripts differ significantly ($P \leq 0.05$) within a column; ^cTotal number of samples tested was 240, that is, 60 from each region; ^dTotal number of samples tested was 48, that is, 12 from each region. Microbial counts for cecca and carcasses are expressed as log cfu/g and log cfu/ml, respectively.

tion greater than 10^3 CFU/mL. The average *Campylobacter* concentration was $2.69 \log_{10}$ CFU/mL, with a standard deviation of $0.41 \log_{10}$ CFU/mL. The count data for cecal samples showed that 14.6% of the samples were contaminated with 10^3 to 10^4 CFU/g, while 58.3% of the samples showed contamination between 10^4 and 10^5 CFU/g and 27% greater than 10^5 CFU/g. The average *Campylobacter* concentration was $4.55 \log_{10}$ CFU/g, with a standard deviation of $0.60 \log_{10}$ CFU/g.

Seasonality of *Campylobacter*

Qualitative study of prevalence

This entails the percentage of samples positive for *Campylobacter*. Figure 1A and B show monthly occurrence of *Campylobacter* spp. in chicken intestine and carcasses, respectively. In the 12 months, highest and lowest poultry prevalence of *Campylobacter* was seen in May and January, respectively among the carcass samples, whereas the cecal samples showed highest and lowest prevalence in June and December, respectively. Prevalence studies show that highest prevalence in cecum as well as carcasses was noted in monsoon. Lowest prevalence in cecal and carcasses was seen in post-monsoon and winter, respectively.

Quantitative enumeration

This entails the *Campylobacter* load and thus the numbers on the carcass. Figure 2A and B show seasonal occurrence of *Campylobacter* spp. in chicken intestine and carcasses, respectively. Highest and lowest numbers of *Campylobacter* were seen in October and December, respectively among the carcass samples, whereas the cecal samples showed highest and lowest numbers of *Campylobacter* in May and September, respectively. The highest and lowest numbers of *Campylobacter* in poultry cecca were seen in the post-monsoon and monsoon season, whereas the highest and lowest numbers of *Campylobacter* in poultry carcasses were seen in summer and winter, respectively.

Antimicrobial resistance of the *Campylobacter* isolates

The prevalence of antimicrobial resistance patterns in the *C. jejuni* and *C. coli* isolates are presented in Tables 2 and 3, respectively. Amongst all the *C. jejuni* and *C. coli* isolates, 64.7 and 59.6% respectively were resistant to one or more antibiotics. 35.9 and 25% of *C. jejuni* and *C. coli* isolates respectively showed multidrug resistance to 4 or more antibiotics.

The MIC was determined for only those isolates, which showed resistance to one or more antibiotic. Minimal inhibitory concentrations of 12 antimicrobial agents were determined via agar dilution for 112 isolates of *C. jejuni* and 31 isolates of *C. coli* (Table 4). The MIC_{90s} for *C. jejuni* were 64 µg/mL for ciprofloxacin and nalidixic acid, 32 µg/mL for ampicillin, erythromycin, gentamycin, norfloxacin and tetracycline, 4 µg/mL for streptomycin, 2 µg/mL for chloramphenicol and doxycycline, 0.5 µg/mL for clindamycin and ≥ 0.0625 µg/mL for azithromycin. The MIC_{90s} for *C. coli* were 64 µg/mL for ciprofloxacin and chloramphenicol, 32 µg/mL for ampicillin, nalidixic acid, norfloxacin and tetracycline, 16 µg/mL for gentamycin, 4 µg/mL for clindamycin, erythromycin and streptomycin and 1 µg/mL for azithromycin.

The proportion of isolates resistant to each antimicrobial agent for *C. coli* was as follows: 48.0% for ampicillin, 5.7% azithromycin, 15.4% for chloramphenicol and ciprofloxacin, 9.6% for clindamycin and doxycycline, 0% for erythromycin, 36.5% for gentamycin, 19.2% for nalidixic acid, 15.4% for norfloxacin, 3.84% for streptomycin and 30.8% for tetracycline. The proportion of isolates resistant to each antimicrobial agent for *C. jejuni* was as follows: 19.6% for ampicillin, 6.3% for azithromycin, 7.5% for chloramphenicol, 28.3% for ciprofloxacin, 10.4% for clindamycin, 8.6% for doxycycline, 26.6% for erythromycin, 43.1% for gentamycin, 25.4% for nalidixic acid, 26.5% for norfloxacin, 6.3% for streptomycin and 23.7% for tetracycline.

Gentamycin, erythromycin, ciprofloxacin, norfloxacin and tetracycline resistance was common amongst the

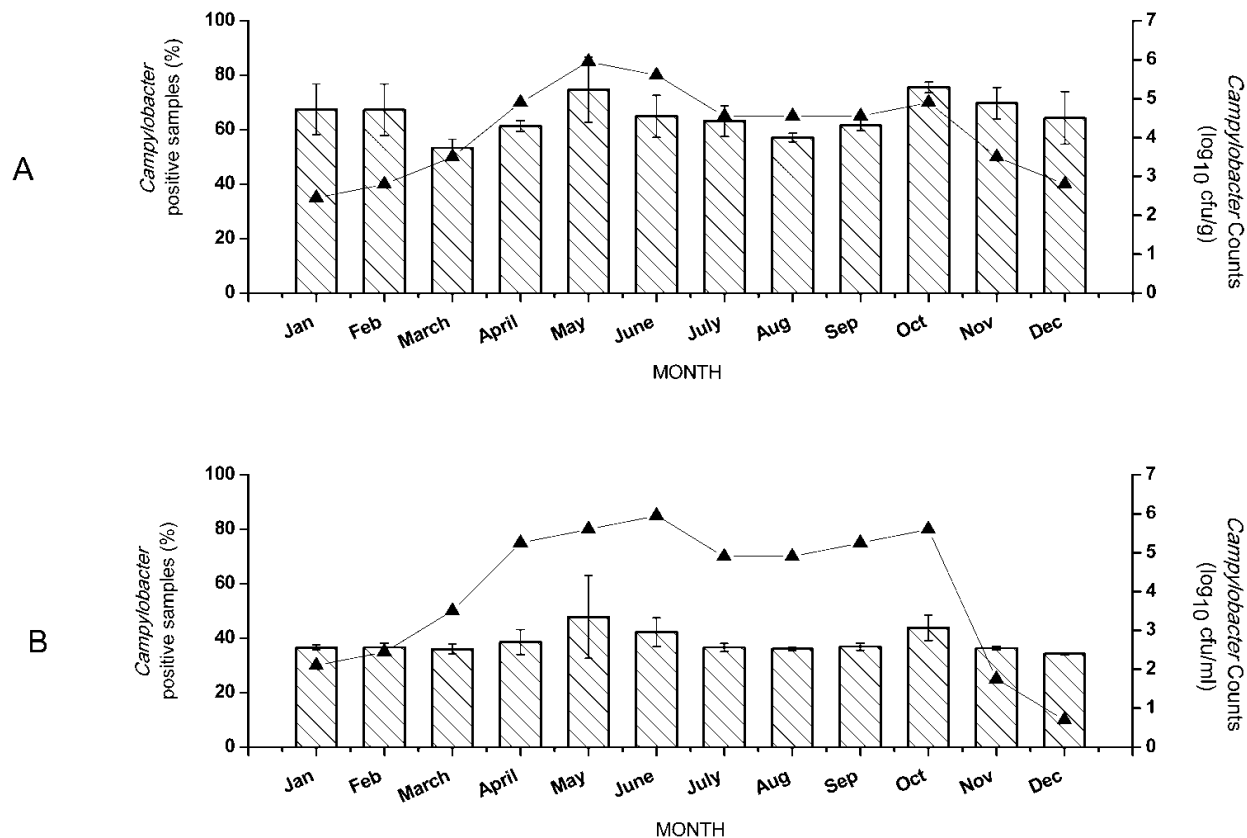


Figure 1. Monthly occurrence of *Campylobacter* in chicken intestine (A) and in carcasses (B) from May 2007 to April 2008. ▲, Percentage of positive samples; lined columns, Microbial counts for cecca and carcasses expressed as log cfu/g and log cfu/ml, respectively.

isolates. The *C. jejuni* isolates had norfloxacin MICs as high as 256 µg/mL, indicating a high-level resistance to fluoroquinolones. Amongst quinolones (ciprofloxacin, norfloxacin and nalidixic acid), tetracyclines (tetracycline and doxycycline), macrolides (erythromycin and azithromycin) and clindamycin, the overall resistance rates were statistically similar between *C. jejuni* and *C. coli*. The MIC values however in *C. jejuni* were higher than in *C. coli*. As compared to other antimicrobial agents, the resistance rates to ampicillin were significantly different in *C. jejuni* and *C. coli* with the *C. coli* isolates showing higher prevalence of ampicillin resistance (48%). The overall prevalence of azithromycin resistance was low in *C. jejuni* (6.3%) and *C. coli* (5.7%). Another notable observation of this study was erythromycin resistance, which was moderate among the *C. jejuni* isolates (26%), whereas not a single case of erythromycin resistance was seen amongst the *C. coli* isolates.

DISCUSSION

Prevalence of *Campylobacter* in retail poultry meat from “pluck-shops”

In countries where frozen or chilled poultry is predominantly consumed, rates of isolation of thermophilic

Campylobacters from carcasses were: 49.5% in Spain (Dominguez et al., 2002), 35.2% in Bulgaria (Stoyanchev et al., 2007), 44% Germany (Näther et al., 2009) and 52.5% in the US (Son et al., 2007). The rates of isolation of *Campylobacter* contamination are higher in countries with traditional “pluck shop” based wet markets: 63% in Iran (Taremi et al., 2006), 68.3% in Korea (Han et al., 2007) and 83.9% in Trinidad. Studies in Malaysia have shown the overall rate of contamination for *Campylobacter* in modern processing plants and in traditional wet markets were 61.1 and 85.6%, respectively (Rejab et al., 2012). The prevalence of *Campylobacter*-positive carcasses, found in this study, was observed to be comparable to prevalence reports for chicken carcasses from other countries where poultry wet-markets is common (Rodrigo et al., 2005). Previous studies in India also concur with our findings with 39.3% of the tested poultry positive for *Campylobacter* in Calcutta (Chattopadhyay et al., 2001), 64% in Vellore (Rajendran et al., 2012) and 17.14% in the Meghalaya- Assam region (Rizal et al., 2010). Our findings on the prevalence of *Campylobacter*, based on cecal samples, corresponds well with those reported by Stern and Robach (2003) with an average population of 4.6 log₁₀CFU/g in 1995 and an average population of 5.17 log₁₀CFU/g in 2001 (Stern and Robach, 2003). These

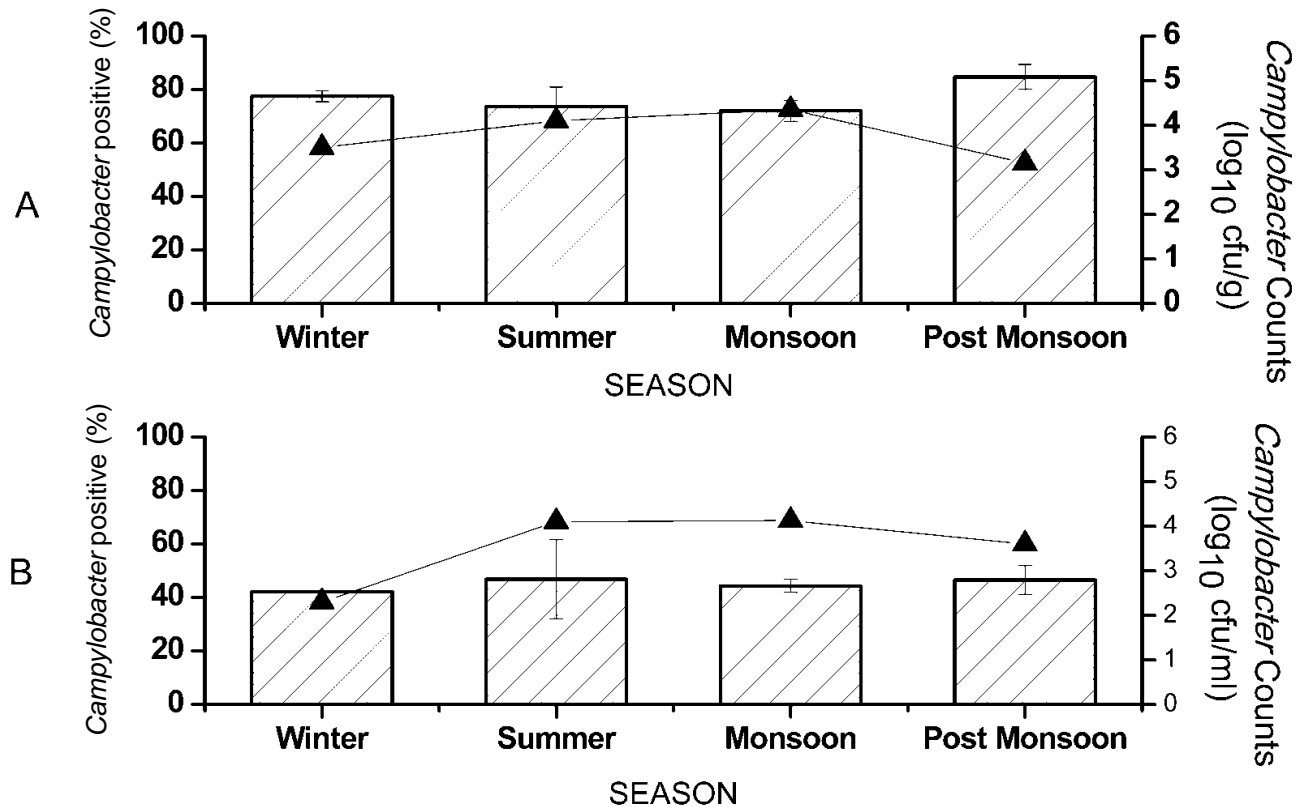


Figure 2. Seasonal occurrence of *Campylobacter* in chicken intestine (A) and in carcasses (B). ▲, Percentage of positive samples; lined columns, Microbial counts for cecca and carcasses expressed as log cfu/g and log cfu/ml, respectively.

findings are also in agreement with values reported by Berrang et al. (2000) and Hansson et al., (2010).

We postulated that since the numbers of this organism in the cecal contents correspond with those observed in other countries, the higher numbers of contaminated carcasses as well as higher *Campylobacter* loads can possibly be due to lack of industrial processing. Industrial poultry processing comprises of killing, scalding, defeathering and evisceration of birds mechanically.

Each step is followed by washing with chlorinated water. Finally, the processing is culminated with a rapid cooling on carcass chillers. The number of *Campylobacter* spp. microorganisms sequentially reduce at each step, followed by a final wash with chlorinated water and processing aids that almost finishes the contamination, leading to a low count on the end product (Keener et al., 2004). The mechanical slaughtering reduces *Campylobacter* contamination by a 100 to 1000 fold (Rosenquist et al., 2006).

These reasons may explain the high level of contamination found in poultry carcasses from India. Manual slaughtering and evisceration by hand leading to rupture of intestinal viscera may lead to fecal contamination of carcasses. In addition, the lack of washing steps with water or processing aids may be responsible for the increased numbers of *Campylobacters* observed in Indian poultry.

Seasonality

We are not confirming a definite seasonality in the *Campylobacter* numbers or its prevalence in birds. However, noticeable peaks are seen during the warmer months. Consequently, we support this concept of seasonality due to the presence of dual peaks, one in the month of May and the second in October. Both peaks occur during warmer months. Earlier studies on seasonality of *Campylobacter* sp. by Singh and colleagues (2008) showed that the highest prevalence of *C. jejuni* in faecal samples was reported during rainy season. This is in agreement with our results. However, among the different months, the highest prevalence was found in September, whereas our study shows highest prevalence was seen in October. These findings can be explained by the regional differences in temperature. In addition, higher isolation rates of *Campylobacter* spp. during the summer and monsoon months in children has been reported in Calcutta (Bhadra et al., 1992).

The seasonal structure seen in India is very different from that of European countries with an absence of the spring and autumn seasons and presence of monsoon and the post monsoon seasons. Even so, higher recovery rates were reported during the warmer months of the year in the U.S (Willis and Murray, 1997) as well as India (Singh et al., 2008). Seasonality in *Campylobacter*

Table 2. Drug resistance patterns in *Campylobacter* isolates from raw chicken in India, during the period of May 2008 to April 2009.

| Number of classes of antibiotics present | Resistance pattern | Number of isolates of <i>C. jejuni</i> | Number of isolates of <i>C. coli</i> |
|--|----------------------------|--|--------------------------------------|
| 1 | A ^b | 2 | 2 |
| | G | 2 | - |
| | T^b | 2 | 2 |
| | Q ^a | 6 | - |
| | C | - | 1 |
| 2 | A, G | 5 | 2 |
| | A, Q | 3 | 1 |
| | A, T | 1 | - |
| | C, T | 1 | - |
| | G, M | 1 | - |
| | G, Q | 8 | - |
| | M, Q | 2 | - |
| | M, T | 1 | - |
| | Q, T | 2 | 1 |
| 3 | A, C, G | - | 1 |
| | A, C, Q | - | 1 |
| | A, G, P | - | 1 |
| | A, G, Q^b | 2 | 4 |
| | A, G, T | 4 | - |
| | A, Q, T | - | 2 |
| | C, G, Q | 2 | - |
| | C, Q, T | 1 | 1 |
| | G, M, Q ^a | 12 | - |
| | G, M, T | 2 | - |
| | G, P, Q | 2 | - |
| | G, Q, T | 2 | - |
| | M, P, T | 2 | - |
| M, Q, T | 3 | - | |

Q, Fluoroquinolones (nalidixic acid, ciprofloxacin and norfloxacin); M, macrolides (erythromycin and azithromycin); C, clindamycin; P, phenicols (chloramphenicol); T, tetracyclines (tetracyclin and doxycycline); A, ampicillin; G, gentamicin and streptomycin. ^aindicates prevalent pattern for *C. jejuni*; ^bindicates prevalent pattern for *C. coli*; letters in bold indicates overlapping patterns in *C. jejuni* and *C. coli*

colonization of poultry has been studied (Berndtson et al., 1996). Seasonal peak in humans coincides with a peak in poultry isolates (Meldrum et al., 2005). The *Campylobacter* population in the intestines of cattle, lamb and poultry differ considerably with changing seasons (Wallace et al., 1997; Stanley et al., 1998a, b). Hence it is deducible that carcass contamination potentially varies with the season (Jones, 2001). Despite these pressing arguments, seasonality is not often studied with reference to *Campylobacter* spp.

Studies on packed meats are not conducive to understanding seasonal variations because of the longer shelf life of these products. Frozen or chilled poultry is stored by companies and released as per demand and may be

further stored by retailers before the actual sale. Furthermore, time lapses occur during poultry processing, transportation and retail storage. Studies from "pluck-shops" make an interesting model because birds are sold immediately after culling.

Antibiotic resistance

The resistance rates of *Campylobacter* to each antimicrobial agent differ considerably in several countries (Payot et al., 2004; Luberet al., 2003b; Aquino et al., 2002; Gupta et al., 2004). In our data set, the susceptibility of *Campylobacter* isolates has been evaluated by using the minimal inhibitory concentration method, therefore

Table 3. Multi drug resistance patterns in *Campylobacter* isolates from raw chicken in India, during the period of May, 2008 to April 2009.

| Number and classes of antibiotics present | Resistance pattern | Number of isolates <i>C. jejuni</i> | Number of isolates <i>C. coli</i> |
|---|-----------------------------------|--|--------------------------------------|
| 4 | A, C, G, P | 1 | - |
| | A, G, M, Q | 1 | 1 |
| | A, G, P, Q | 1 | - |
| | A, G, Q, T^b | 1 | 7 |
| | A, M, Q, T | 1 | - |
| | C, G, M, Q | 5 | - |
| | C, G, Q, T | 1 | - |
| | C, M, Q, T | 1 | - |
| | G, M, Q, T ^a | 15 | - |
| G, P, Q, T | - | 1 | |
| 5 | A, C, G, M, P | 1 | - |
| | A, C, G, M, Q | 1 | - |
| | A, C, G, M, T | 1 | - |
| | A, G, M, P, Q | 1 | - |
| | A, G, M, Q, T^{ab} | 7 | 2 |
| | A, G, P, Q, T | - | 1 |
| | C, G, M, P, Q | 1 | - |
| | C, G, M, Q, T | 1 | - |
| | G, M, P, Q, T | 3 | - |
| 6 | A, C, G, M, P, Q | 1 | - |

Q, Fluoroquinolones (nalidixic acid, ciprofloxacin and norfloxacin); M, macrolides (erythromycin and azithromycin); C, clindamycin; P, phenicols (chloramphenicol); T, tetracyclines (tetracyclin and doxycycline); A, ampicillin; G, gentamicin and streptomycin. ^aIndicates prevalent pattern for *C. jejuni*; ^bindicates prevalent pattern for *C. coli*; letters in bold indicates overlapping patterns in *C. jejuni* and *C. coli* isolate.

enabling the determination of precise concentration at which the microorganism failed to grow. *Campylobacter* enteritis are usually treated using fluoroquinolones and macrolides (Allos, 2001). On the other hand, recent studies have reported the appearance of fluoroquinolones resistant *Campylobacter* spp. among poultry flocks (Niwa et al., 2001), necessitating the survey of prevalence of *Campylobacter* spp. in poultry and their antimicrobial resistances. Earlier reports from India show 30.6% of strains were multidrug resistant (Jain et al., 2005). This is in agreement with our result where 35.83 and 25% of *C. jejuni* and *C. coli* isolates respectively showed multidrug resistance to four or more antibiotics.

Previous studies have shown that antibiotic resistance of *Campylobacter* species was ampicillin 81.6%, ciprofloxacin 71.4%, tetracycline 26.5%, gentamicin 10.2% and

erythromycin 6.1% (Jain et al., 2005).

C. coli strains are reported to have tendency to acquire resistance to macrolides, specifically erythromycin. In contrast, *C. jejuni* isolates remain sensitive to erythromycin. *C. coli* has frequently been found to be resistant to erythromycin and other macrolides (Nayak et al., 2005; Kim et al., 2006). This propensity was not observed in our data set. Gentamicin resistance has been reported to be absent in studies from Europe and U.S (Hariharan et al., 2009). However, data from Asian countries suggests otherwise. The findings in our study are in accordance with the data obtained from other Asian countries (Chen et al., 2010). Earlier studies from this region have indicated that the frequency of antibiotic resistance is high in *Campylobacters* (Baserisalehi et al., 2005). In 2011, a new policy on containment of antimicrobial resistance

Table 4. Distributions of MICs of 12 antimicrobial agents for 112 *C. jejuni* isolates and 31 *C. coli* isolates from “pluck-shop” broiler chicken.

| Antibiotic | Number of isolates with MIC (µg/ml) of | | | | | | | | | | | | | MIC50 | MIC90 | Number of resistant isolates | |
|------------------------|--|-------|------|-----|----|----|----|----|----|----|----|-----|-----|--------|--------|------------------------------|--|
| | 0.0625 | 0.125 | 0.25 | 0.5 | 1 | 2 | 4 | 8 | 16 | 32 | 64 | 128 | 256 | | | | |
| Ampicillin | | | | | | | | | | | | | | | | | |
| <i>C. jejuni</i> | 0 | 0 | 0 | 0 | 0 | 6 | 6 | 0 | 6 | 4 | 0 | 0 | 0 | 8 | 32 | 34 | |
| <i>C. coli</i> | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 0 | 0 | 5 | 0 | 0 | 0 | 32 | 32 | 25 | |
| Azithromycin | | | | | | | | | | | | | | | | | |
| <i>C. jejuni</i> | 96 | 0 | 0 | 0 | 5 | 11 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0625 | 0.0625 | 11 | |
| <i>C. coli</i> | 18 | 0 | 0 | 0 | 10 | 0 | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0625 | 1 | 3 | |
| Chloramphenicol | | | | | | | | | | | | | | | | | |
| <i>C. jejuni</i> | 0 | 0 | 0 | 0 | 36 | 63 | 0 | 0 | 0 | 12 | 1 | 0 | 0 | 2 | 2 | 13 | |
| <i>C. coli</i> | 10 | 0 | 0 | 0 | 8 | 5 | 0 | 0 | 0 | 3 | 5 | 0 | 0 | 1 | 64 | 8 | |
| Ciprofloxacin | | | | | | | | | | | | | | | | | |
| <i>C. jejuni</i> | 0 | 0 | 0 | 0 | 34 | 29 | 0 | 1 | 1 | 6 | 41 | 0 | 0 | 2 | 64 | 49 | |
| <i>C. coli</i> | 0 | 0 | 0 | 2 | 16 | 5 | 0 | 0 | 0 | 2 | 6 | 0 | 0 | 1 | 64 | 8 | |
| Clindamycin | | | | | | | | | | | | | | | | | |
| <i>C. jejuni</i> | 0 | 0 | 19 | 67 | 4 | 4 | 6 | 7 | 2 | 3 | 0 | 0 | 0 | 0.5 | 0.5 | 18 | |
| <i>C. coli</i> | 0 | 0 | 3 | 11 | 12 | 0 | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 4 | 5 | |
| Doxycycline | | | | | | | | | | | | | | | | | |
| <i>C. jejuni</i> | 4 | 0 | 62 | 0 | 7 | 10 | 2 | 12 | 10 | 5 | 0 | 0 | 0 | 0.25 | 2 | 15 | |
| <i>C. coli</i> | 0 | 0 | 0 | 25 | 0 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 0.5 | 8 | 3 | |
| Erythromycin | | | | | | | | | | | | | | | | | |
| <i>C. jejuni</i> | 0 | 0 | 0 | 0 | 39 | 18 | 0 | 2 | 11 | 42 | 0 | 0 | 0 | 2 | 32 | 55 | |
| <i>C. coli</i> | 0 | 0 | 0 | 0 | 21 | 0 | 10 | 0 | 0 | 0 | 0 | 0 | 0 | 2 | 4 | 0 | |
| Gentamycin | | | | | | | | | | | | | | | | | |
| <i>C. jejuni</i> | 0 | 0 | 0 | 14 | 3 | 9 | 0 | 10 | 38 | 38 | 0 | 0 | 0 | 16 | 32 | 76 | |
| <i>C. coli</i> | 0 | 0 | 0 | 0 | 12 | 0 | 0 | 0 | 19 | 0 | 0 | 0 | 0 | 16 | 16 | 19 | |
| Nalidixic Acid | | | | | | | | | | | | | | | | | |
| <i>C. jejuni</i> | 0 | 0 | 0 | 0 | 0 | 16 | 9 | 4 | 39 | 4 | 37 | 3 | 0 | 32 | 64 | 44 | |

Table 4. Contd.

| | | | | | | | | | | | | | | | | |
|---------------------|---|---|---|---|----|----|----|---|---|----|----|---|----|---|----|----|
| <i>C. coli</i> | 0 | 0 | 0 | 0 | 11 | 6 | 4 | 0 | 0 | 10 | 0 | 0 | 0 | 2 | 32 | 10 |
| Norfloracin | | | | | | | | | | | | | | | | |
| <i>C. jejuni</i> | 0 | 0 | 0 | 0 | 0 | 23 | 40 | 3 | 2 | 14 | 2 | 1 | 27 | 4 | 32 | 46 |
| <i>C. coli</i> | 0 | 0 | 0 | 0 | 14 | 3 | 6 | 0 | 4 | 4 | 0 | 0 | 0 | 2 | 32 | 8 |
| Streptomycin | | | | | | | | | | | | | | | | |
| <i>C. jejuni</i> | 0 | 0 | 0 | 0 | 0 | 18 | 72 | 0 | 0 | 11 | 11 | 0 | 0 | 4 | 4 | 11 |
| <i>C. coli</i> | 0 | 0 | 0 | 0 | 2 | 7 | 20 | 0 | 0 | 0 | 0 | 0 | 2 | 4 | 4 | 2 |
| Tetracycline | | | | | | | | | | | | | | | | |
| <i>C. jejuni</i> | 0 | 0 | 0 | 0 | 13 | 14 | 37 | 7 | 9 | 32 | 0 | 0 | 0 | 4 | 32 | 41 |
| <i>C. coli</i> | 0 | 0 | 0 | 0 | 9 | 8 | 0 | 0 | 7 | 7 | 0 | 0 | 0 | 2 | 32 | 14 |

Vertical lines indicate breakpoints for resistance.

was enacted in India. It will be interesting to note any change of antimicrobial resistance patterns in future surveys of *Campylobacter* isolates in this scenario.

There is a paucity of information on the levels of *Campylobacter* and its prevalence in poultry carcasses from “pluck-shops” or wet poultry markets. Data emerging from western countries is usually from chicken carcasses picked at the end of stringent mechanical poultry processing. However, this is not always the case in many Asian countries. Assuring good manufacturing along with food safety practices is crucial. The manual and laborious method of poultry processing used in India needs to be streamlined and regulated. The cultural confines, which endorse the con-

sumption of freshly culled birds, may or may not change. Hence, a more hygiene oriented, education based approach needs to be taken and poultry processors or “pluck-shop” owners need to be educated on a more informed protocol of processing. Minimum hygiene standards must be set and adherence to the same must be regulated.

This research shows that higher mean concentrations in the cecum have been seen in warmer months. Earlier research postulates that low intestinal *Campylobacter* concentration leads to low fecal contamination of the carcasses during the slaughter steps and conversely with high concentrations (Rosenquist et al., 2006). It has been proposed that the probability of meat contamination increases when the prevalence of *Campylobacters*

is high within the flock and higher numbers of *Campylobacters* are present in the intestines (Nauta et al., 2009). Due consideration must be given to these factors and a real time surveillance system must be brought into practice.

Since *Campylobacter* sp. is considered a major pathogen associated with food borne disease worldwide, this study revealed the prevalence of antimicrobial resistance in *Campylobacter* sp. from poultry, which is the most consumed animal food in India. Surveillance systems must be brought into place to monitor the use of antibiotics in poultry. The results of this study suggest that timely scrutiny of the presence of *Campylobacter* sp. needs to be conducted and reported in poultry to reduce their numbers thereby preventing cases of

human *Campylobacteriosis*.

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