The antibacterial biofilm activity of metal-doped mullite ceramics against pathogenic bacteria

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Bacterial biofilms are densely packed microorganisms surrounded by secreted polymers responsible for many chronic infectious diseases as well as for contamination of clinical and industrial environments. The aim of this study was to assess the potential antimicrobial activity of zinc-, copper- and silver-doped mullite ceramics disks against biofilm producing clinical isolates of \textit{Staphylococcus aureus}, \textit{Staphylococcus epidermidis}, \textit{Streptococcus mutans} and \textit{Pseudomonas aeruginosa}. It also aimed to compare their effect in preventing the initial bacterial adhesion and the accumulation and maturation of biofilm on the disk surfaces. The antibacterial activities of the metal-doped mullites against biofilm were found dependent on mineral concentration and the incubation time. Silver-mullite disks showed high potential for controlling early and late biofilms against the studied microorganisms. Copper-mullite disks had exerted better activity in reducing the \textit{P. aeruginosa} adherence and biofilm growth as compared with the Gram positive bacteria. However, these disks failed to show antibacterial activity against \textit{S. mutans} planktonic or biofilm grown after 24 h incubation. Interestingly, zinc-mullite disks enhanced the growth of \textit{S. aureus} and \textit{S. epidermidis} in suspension or biofilm.

\textbf{Key words:} Mullite ceramic, metal-doped mullite, bacterial adherence, biofilm.

\textbf{INTRODUCTION}

Microbial pollution of environment resources (such as water) and their role in the epidemiology of nosocomial infections have become a major threat to public health (Chen et al., 2012; Tao et al., 2011). This threat coincides with the appearance of multidrug resistant bacteria which are as well responsible for biofilm related infections. Among these common bacteria species are: \textit{S. aureus}, \textit{S. epidermidis} and \textit{P. aeruginosa} (Martin and Yost, 2011; Morgan et al., 2012; Shanthi and Sekar, 2009; Singh et al., 2012).

Bacteria can adhere to surfaces or damaged tissues, encase themselves with slimy material (matrix or polymeric substance) and form what is called biofilm. Biofilms are associated with many medical conditions such as infections of indwelling implants, mainly by \textit{S. aureus} and \textit{S. epidermidis}, dental plaques by \textit{S. mutans} and the incurable cystic fibrosis by \textit{P. aeruginosa} (Chifiriuc et al., 2011; Davies 2002; Roberts et al., 2002; Soto-Barreras et al., 2012). They cause serious compli-cations due to the chronic nature of these infections and the inherent multi-drug resistance of the biofilm (Hurlow and Bowler, 2012).

Most of the antibiotics available are with limited efficacy on their own to treat biofilm associated infections. With the increase of the frequency of biofilm related infections, investigators have consi-dered the search for alternative agents. Antibacterial properties of nano metal oxides such as silver and zinc oxides have been proposed as novel antimicrobial agents (Reddy at al., 2007; Lin et al., 1996). Metallic silver and silver salts have been used as bactericidal agents in silver-impregnated dressings for
burn injuries (Kumar and Munstedt, 2005). Copper has been known for many years for its broad spectrum antimicrobial activity (Gosau et al., 2010; Heidenau et al., 2005), and it has been used for coating devices such as catheters and cannulas (Tang et al., 2007). As an extension of our research in this area (Saleh et al., 2011), we herein present an \textit{in vitro} study to evaluate the bactericidal effect of copper-, silver- and zinc-doped mullite ceramics (3Al$_2$O$_3$:2SiO$_2$), and also to investigate their activity to avoid both bacterial colo-nization and biofilm formation.

The development of these antimicrobial surfaces is of great importance in maintaining acceptable levels of hygiene in hospitals and will help to limit the spread of nosocomial infections via the contamination of inanimate surfaces in the healthcare environment.

This study demonstrates the antimicrobial activities of mullite ceramics doped with different concentrations of the metals Ag, Cu, and Zn against biofilm producing strains of \textit{S. aureus}, \textit{S. epidermidis}, \textit{S. mutans} and \textit{P. aeruginosa}. The investigators aim for assessing the potential activities of metals in preventing the bacterial adhesion to the surfaces of the disks, and the durability of the activity in reducing the biofilm and the bactericidal or bacteriostatic effect against planktonic form of bacteria.

\section*{MATERIALS AND METHODS}

\subsection*{Materials}

Pure kaolin (Merck, Germany), aluminum oxide (\textit{\gamma}-Al$_2$O$_3$)(Fluka, Germany), carboxymethylcellulose (Fluka, Germany), sulfuric acid (\textit{H}_2\text{SO}_4) (BDH, UK), NH$_4$NO$_3$ (ammonia solution) (GCC, UK), copper(II) nitrate trihydrate (Cu(NO$_3$)$_3$:3H$_2$O) (BDH, UK), silver nitrate (AgNO$_3$) (Reidel de-Haen, Germany), zinc chloride (ZnCl$_2$)(GCC, UK) were used for this study.

\subsection*{Preparation of blank mullite disks}

Purified kaolin with particle size \leq 75 \mu m was calcined at 800°C for 8 h to transform it to amorphous metakaolin. A 23.0 g sample of metakaolin was mixed with 25.0 g \textit{\gamma}-Al$_2$O$_3$, 2.0 g carboxymethylcellulose, and 75 ml of 3 M \textit{H}_2\text{SO}_4. The mixture was stirred in water bath at 80°C for 4 h. The mixture was cooled to room temperature and then ammonia (8\% w/w) was added till a pH = 9.0. The mixture was then filtered, washed with distilled water till the filtrate is sulfate free. The solid was dried at 110°C for 2 h, and then ground in a ball mill at a speed of 400 rpm for 1 h to give the mullite precursor powder.

For the preparation of blank disks, the powder was mixed with enough water to form a paste which was then pressed in a metal mold to form disks (diameter: \textasciitilde 20 mm, thickness: \textasciitilde 3 mm). The disks were dried at 110°C for 2 h and then heated at 900°C for 6 h and finally sintered at 1450°C for 6 h. These disks were coded as B-mullite.

\subsection*{Preparation of metal-doped mullite disks}

A 10.0 g sample of the mullite precursor powder was soaked in 50 ml of 1.0 M, 1.5 M, or 2.0 M solution of the metal salt, and the mixture was stirred for 1 h at 60°C. The metal impregnated solid was filtered and dried at 110°C. Disks were made and heat-treated as outlined in the preparation of the blank disks above. Metal salts used were Cu(NO$_3$)$_2$:3H$_2$O, AgNO$_3$, and ZnCl$_2$. Silver solutions, mixtures containing silver ions, and Ag-doped disks were protected from light. The disks were coded according to the metal salt used and its concentrations as: Cu(1.0)-mullite, Cu(1.5)-mullite, Cu(2.0)-mullite; Ag(1.0)-mullite, Ag(1.5)-mullite, Ag(2.0)-mullite; Zn(1.0)-mullite, Zn(1.5)-mullite, Zn(2.0)-mullite.

\section*{Characterization of the mullite ceramics}

\subsection*{X-ray diffraction (XRD)}

The powder X-ray diffraction spectra were measured using a SHIMADZU model XRD-6000 with nickel filtered and copper X-ray radiation (CuK\textalpha, \lambda = 1.5406 Å). Scanning was done continuously with a speed of 2.000 (deg/min).

\subsection*{Elemental analyses}

The chemical composition of samples was done using X-ray fluorescence spectrometer SHIMADZU model XRF-1800.

\subsection*{Bacterial strains and culture conditions}

Clinical isolates of \textit{S. epidermidis} (catheter infection), \textit{S. aureus} (wound infection), \textit{S. mutans} (dental plaque) and \textit{P. aeruginosa} (nosocomial infection) were investigated in this study. The bacterial strains that are biofilm producers were tested for biofilm production by microtiter plate biofilm production assay (Croes et al., 2009) where applicable, bacterial strains were grown on Mueller-Hinton broth (MHB) (Oxoid) or agar (MHA) (Oxoid) throughout the experiments and incubated at 37°C under aerobic conditions. \textit{S. mutans}, when needed, were inoculated on MHA or MHB supplemented with 5% sheep blood (Oxoid). Prior to experiments, bacterial strains were grown in MHB overnight at 37°C and the cultures were adjusted to 0.5 McFarland and diluted with phosphate buffer saline (PBS) to the acquired working concentration of 10$^6$ CFU/ml. Inoculum preparations were carried out in accordance to guidelines recommended by the Clinical and Laboratory Standards Institute (CLSI; formerly NCCLS).

\section*{Antimicrobial activity test methods}

\subsection*{Agar diffusion method}

Agar diffusion method was used for evaluating the antibacterial activity of AgNO$_3$, Cu(NO$_3$)$_2$, and ZnCl$_2$ salts. Wells of about 6 mm diameter were made aseptically using gel puncture instrument into MHA plates. The plates were swabbed with different microorganisms equivalent to 0.5 McFarland standard. The wells were filled with 50 \mu l of each chemical at concentration of 0.1 g/ml. The plates were incubated at 37°C for 24 h. Antibacterial activity was evaluated by measuring the diameter of the zone of inhibition around each well.

\subsection*{Disk diffusion test}

The disk diffusion test is only qualitative and easy to perform and has the aim to determine the antibacterial activity of diffusible antimicrobial agents in the treated disks. Bacterial suspensions were adjusted to 0.5 McFarland standard and spread onto MHA plates. Metal-doped mullite disks were placed on MHA. Plates were
incubated for 24 h at 37°C and inhibition zones around the disks were measured.

Bacteriostatic and bactericidal effect of minerals (MIC and MBC of planktonic form of bacteria)

Microtiter minimal inhibition concentration (MIC) and minimal bactericidal concentration (MBC) tests were done according to CLSI (formerly NCCLS) guidelines in 96-well tissue culture plates. Serial twofold dilutions of the chemicals ranging from 0.01·0.00005 g/ml were performed in Mueller-Hinton broth. A suspension of the organism was added to wells at a concentration of 5 x 10^5 CFU/ml, and the microtiter plates were incubated at 37°C for 24 h. The MIC was read optically as the lowest concentration of mineral in which there was no visible growth after overnight incubation. In wells where there was no visible growth, 10 μl was subcultured to MHA and were incubated at 37°C for colony count. MBC was read as the highest dilution showing ~ 99.9% kill after 24 h of incubation.

MIC and MBC of biofilm forming bacteria (BMIC and BMBC)

BMIC and BMBC were done as previously described (Ceri et al., 1999; Aaron et al., 2000). All bacterial species were first grown as biofilms. Biofilms were produced via suspension of each bacterial species in MHB to a 0.5 McFarland standard, and 100 μl was added to wells of a 96-well round-bottomed microtiter plate (NUNC). A transferable solid-phase (TSP) pin lid (NUNC) was placed into the microtiter plate and incubated overnight at 37°C on a see-saw rocker to produce a shear force. The TSP pin lid was then removed and placed into a new microtiter plate containing the twofold dilutions of the chemical incubated for 24 h at 37°C on the rocker platform. The MIC was read as the last well in which there was no visible growth. The TSP pin lid was then transferred to a 96-well microtiter plate containing sterile MHB and sonicated for 5 min in ultra bath sonicator. The TSP pin lid was discarded and replaced by a sterile microtiter lid, and the plate was incubated for 24 h at 37°C. The MBC was determined as the last well showing no turbidity after overnight incubation.

Analysis of planktonic growth in the presence of metal-doped mullite ceramic disks

Modified shake flask test was used to study the effect of the disks on planktonic bacterial growth after 1 and 24 h incubation (Yan et al., 2002). Two 50-ml falcon centrifuge tubes were used instead of flasks. One tube was used after one hour incubation and the other after 24 h incubation. The absorbance at 600 nm of all bacterial suspensions was adjusted to 0.05 prior to preparing inoculum. Bacterial suspensions were adjusted to 1.0-2.5 x 10^6 CFU/ml in 1/10 strength broth (25 ml/ tube). In each tube a single disk was placed and the tubes were shaken at 300 rpm and 37°C. Blank disks were included in the experiments as controls. Aliquots after one hour and 24 h were serially diluted in phosphate buffer saline (PBS) for viable bacterial counting by pour plate method. Disks were removed to measure their anti-adherence (after one hour incubation) and anti-biofilm (after 24 h incubation) activities (see the next section).

Biofilm formation and measuring anti-adherence activity of the disks

Bacterial attachment to disk surface was measured as previously described with slight modifications (Overhage et al., 2008). Disks after one hour and 24 h incubation were removed (see the previous section) and washed gently three times in successive 25 ml PBS to remove loosely attached bacteria. Each disk was placed in 6 well tissue culture plate containing 5 ml PBS and sonicated for 5 min at 100% intensity. Aliquots were serially diluted in PBS for viable bacterial counting by pour plate method. The plates were incubated at 37°C overnight. Blank disks were used as controls in the experiments.

RESULTS

Mullite ceramic disks

The formation of the mullite phase in the mullite ceramic disks was confirmed by elemental analysis (Table 1) and XRD-spectrum (Figure 1A). XRD-spectra of mullite doped with different concentrations of Ag are shown in Figure 1B, C and D.

Table 1. Elemental analysis of blank mullite (B-mullite).

<table>
<thead>
<tr>
<th>Analyte</th>
<th>Al₂O₃</th>
<th>SiO₂</th>
<th>Fe₂O₃</th>
<th>K₂O</th>
<th>CaO</th>
<th>P₂O₅</th>
<th>Ag₂O</th>
<th>TiO₂</th>
<th>CuO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Result (%)</td>
<td>72.49</td>
<td>26.78</td>
<td>0.22</td>
<td>0.27</td>
<td>0.086</td>
<td>0.046</td>
<td>0.040</td>
<td>0.027</td>
<td>0.0091</td>
</tr>
</tbody>
</table>

Figure 1. XRD spectra of synthesized mullite (a) B-mullite, (b) Ag(1.0)-mullite, (c) Ag(1.5)-mullite and (d) Ag(2.0)-mullite.
Table 2. Zone of inhibition against the tested bacteria

<table>
<thead>
<tr>
<th>Parameter</th>
<th>S. epidermidis</th>
<th>S. aureus</th>
<th>S. mutans</th>
<th>P. aeruginosa</th>
</tr>
</thead>
<tbody>
<tr>
<td>AgNO₃</td>
<td>19.0</td>
<td>18.0</td>
<td>19.0</td>
<td>18.0</td>
</tr>
<tr>
<td>Cu(NO₃)₂</td>
<td>20.0</td>
<td>21.5</td>
<td>21.0</td>
<td>17.0</td>
</tr>
<tr>
<td>ZnCl₂</td>
<td>13.5</td>
<td>15.0</td>
<td>15.0</td>
<td>13.5</td>
</tr>
</tbody>
</table>

*Salt concentration is 0.1 g/ml.
**The zone of inhibition by gentamicin (10 μg in disc) against P. aeruginosa is ≥ 15 mm, S. aureus ≥ 18 mm, S. epidermidis ≥ 22 mm and S. mutans is not applicable.

Table 3. Inhibition zone on the periphery of the metal-doped mullite disks against the tested bacteria.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>S. epidermidis</th>
<th>S. aureus</th>
<th>S. mutans</th>
<th>P. aeruginosa</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ag(2.0)-mullite</td>
<td>2.0</td>
<td>2.0</td>
<td>2.0</td>
<td>3.0</td>
</tr>
<tr>
<td>Ag(1.5)-mullite</td>
<td>1.5</td>
<td>1.0</td>
<td>0.5</td>
<td>2.0</td>
</tr>
<tr>
<td>Ag(1.0)-mullite</td>
<td>1.0</td>
<td>0.5</td>
<td>NI</td>
<td>0.5</td>
</tr>
<tr>
<td>Cu(2.0)-mullite</td>
<td>NI</td>
<td>NI</td>
<td>NI</td>
<td>NI</td>
</tr>
<tr>
<td>Cu(1.5)-mullite</td>
<td>NI</td>
<td>NI</td>
<td>NI</td>
<td>NI</td>
</tr>
<tr>
<td>Cu(1.0)-mullite</td>
<td>NI</td>
<td>NI</td>
<td>NI</td>
<td>NI</td>
</tr>
<tr>
<td>Zn(2.0)-mullite</td>
<td>NI</td>
<td>NI</td>
<td>NI</td>
<td>NI</td>
</tr>
<tr>
<td>Zn(1.5)-mullite</td>
<td>NI</td>
<td>NI</td>
<td>NI</td>
<td>NI</td>
</tr>
<tr>
<td>Zn(1.0)-mullite</td>
<td>NI</td>
<td>NI</td>
<td>NI</td>
<td>NI</td>
</tr>
</tbody>
</table>

*NI= No inhibition zone seen; few colonies were seen under Zn and Cu-doped disks but no colonies were seen in Ag-doped disks.

Agar diffusion test

The antibacterial effect of water solutions of the metal ions was investigated by the agar diffusion test. The inhibition zone results (Table 2) are the average value of three experiments. The zones were measured using a ruler with 1 mm resolution so the possibility of measurement error exists. Cu(NO₃)₂ showed the highest inhibition zones ~20 mm, while AgNO₃ and ZnCl₂ showed 18.5 and 14.3 mm, respectively.

Disk diffusion test

The antibacterial effect of the metal-doped mullite disks was investigated by the disk diffusion test. The inhibition zone around the disks was measured. The results shown in Table 3 are the average value of three experiments. The results suggest that Ag-mullite disks were active against all the tested organisms. Ag-mullite disks showed higher inhibition segments against P. aeruginosa than all the other Gram positive organisms tested in this study. The Ag(2.0)-mullite showed the largest zone of inhibition. However, Zn- and Cu-mullite disks did not show any inhibition zones except the activity of Cu-mullite disks against S. mutans. Furthermore, decreased number of colonies was observed at the bottom of all disks except for the Ag-mullite disks that show no colonies at all. Blank disks were tested along side by side with metal-mullite disks.

Planktonic MIC and MBC of minerals against bacterial strains

The antibacterial activity as MIC and MBC were assessed for the metal salts against planktonic bacterial using the microtiter 96 well plates. The MIC/MBC results in Table 4 observed for AgNO₃ were in a range of 0.01-0.05/0.05-0.09 mg/ml suggesting that the organisms are more sensitive to AgNO₃ than to Cu(NO₃)₂ and ZnCl₂.

MIC and MBC of metal salts against biofilm forming bacteria

The bacteriostatic and bactericidal effect of the metal salts against bacterial strains grown in biofilms was obtained. The results are shown in Table 5. MIC and MBC results of AgNO₃ showed increased activity against Gram positive when compared to Gram negative biofilm producing P. aeruginosa. However, ZnCl₂ MIC and MBC...
Table 4. Minimum inhibitory and minimum bactericidal concentrations (MIC and MBC) of silver, copper and zinc ions against planktonic bacteria.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>S. epidermidis</th>
<th>S. aureus</th>
<th>S. mutans</th>
<th>P. aeruginosa</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>MIC / MBC* mg/ml</td>
<td>MIC / MBC mg/ml</td>
<td>MIC / MBC mg/ml</td>
<td>MIC / MBC mg/ml</td>
</tr>
<tr>
<td>AgNO₃</td>
<td>0.05/ 0.07</td>
<td>0.05/ 0.09</td>
<td>0.05/ 0.06</td>
<td>0.01/ 0.05</td>
</tr>
<tr>
<td>Cu(NO₃)₂</td>
<td>0.12/ 0.30</td>
<td>0.12/ 0.30</td>
<td>0.12/0.30</td>
<td>0.30/ 0.60</td>
</tr>
<tr>
<td>ZnCl₂</td>
<td>0.40/ 0.70</td>
<td>0.40/ 0.70</td>
<td>0.40/ 0.70</td>
<td>0.30/ 0.50</td>
</tr>
</tbody>
</table>

*The results are the average of at least three determinations.

Table 5. Minimum inhibitory and minimum bactericidal concentrations (MIC and MBC) of silver, copper and zinc salts against biofilm.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>S. epidermidis</th>
<th>S. aureus</th>
<th>S. mutans</th>
<th>P. aeruginosa</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>MIC / MBC* (mg/ml)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>AgNO₃</td>
<td>&gt;0.05/0.10</td>
<td>&gt;0.05/0.10</td>
<td>&gt;0.05/0.10</td>
<td>0.50/&gt;0.50</td>
</tr>
<tr>
<td>Cu(NO₃)₂</td>
<td>0.80/&gt;1.5</td>
<td>0.40/0.80</td>
<td>0.80/&gt;1.2</td>
<td>1.2/3.0</td>
</tr>
<tr>
<td>ZnCl₂</td>
<td>1.0/&gt;1.0</td>
<td>1.5/&gt;1.5</td>
<td>1.5/&gt;1.5</td>
<td>&gt;0.70/1.0</td>
</tr>
</tbody>
</table>

*The results are the average of at least three determinations.

Figure 2. The anti-adherence and anti-biofilm formation activity and the effect on planktonic growth of metal-doped disks with different concentrations of AgNO₃, Cu(NO₃)₂, and ZnCl₂ against S. epidermidis.

values were observed with increased activity against P. aeruginosa when compared to biofilm forming Gram positive bacterial strains. Furthermore, MIC and MBC of Cu(NO₃)₂ showed better activity than ZnCl₂ against Gram positive organisms but less active against P. aeruginosa.

Measuring anti-adherence, anti-biofilm formation and analysis of planktonic growth of biofilm producers pathogens in the presence of metal-doped mullite disks

The antimicrobial activity of the disks took another dimension in testing the efficacy of the metal-doped mullite disks to prevent or minimize the bacterial attachment to the surfaces.

The experiment was extended to test the efficiency of the metal-doped disks in preventing or decreasing the biofilm forming on the disk surface. Bacterial adhesion to the surfaces of uncoated disks was obtained after one hour incubation to test the microbial adherence and after 24 h to test the biofilm formation.

Results shown in Figures 2, 3, 4 and 5 represent the average value of three experiments. The numbers of CFU for all tested organisms were obtained by serial dilution method. The reduction rate was estimated based
Figure 3. The anti-adherence and anti-biofilm formation activity and the effect on planktonic growth of metal-doped disks with different concentrations of AgNO₃, Cu(NO₃)₂, and ZnCl₂ against *S. aureus*.

Figure 4. The anti-adherence and anti-biofilm formation activity and the effect on planktonic growth of metal-doped disks with different concentrations of AgNO₃, Cu(NO₃)₂, and ZnCl₂ against *S. mutans*.

The antibacterial activity for the metal-doped mullite disks against *S. epidermidis* is shown in Figure 2. The increase in the concentration of Ag in the disks lowers bacterial adherence after one hour incubation and affected the planktonic bacteria as well. The activity extended for 24 h in decreasing biofilm growth. Ag(1.5)-mullite and Ag(2.0)-mullite had a reduction rate of ~90% in biofilm growth and planktonic bacteria. By comparison, Cu-doped mullite disks had a reducing rate of 20-40%. Interestingly, Zn-doped mullite disks enhanced *S. epidermidis* growth in suspension and biofilm by 5% in the first hour of incubation and 8% in the 24 h.

Assessing the antibacterial activity of Ag-doped mullite disks against *S. aureus* did not show a significant difference when compared to *S. epidermidis* after 24 h incubation with 90% reduction rate in biofilm growth. However, Zn-doped mullite disks did not exert any activity against *S. aureus* but instead they promoted the growth of bacterial suspensions as well as biofilm development by 8% in the first hour and 10% in 24 h. Results are shown in Figure 3.

Results shown in Figure 4 continued to suggest that Ag-doped mullite disks have a potential activity against *S. mutans* and on all the three stages of biofilm formation: bacterial adhesion, accumulation and maturation in Gram positive bacteria. Ag(2.0)-mullite disks showed reduction rate of 90% after 24 h on biofilm growth and 70% on planktonic bacteria. The bactericidal effect of silver in the previous manner supports its benefit use in periodontal...
The anti-adherence and anti-biofilm formation activity and the effect on planktonic growth of metal-doped disks with different concentrations of AgNO₃, Cu(NO₃)₂, and ZnCl₂ against P. aeruginosa.

FIGURE 5. The anti-adherence and anti-biofilm formation activity and the effect on planktonic growth of metal-doped disks with different concentrations of AgNO₃, Cu(NO₃)₂, and ZnCl₂ against P. aeruginosa.

activity of Cu-doped mullite disks was influenced by the time of incubation. After 1 h incubation the disks (Cu(1.0)-, Cu(1.5)-, and Cu(2.0)-mullite disks) had a reduction rate of 20, 35 and 40%, respectively. However, the copper disks did not have any activity against biofilm formation after 24 h; on the contrary, it enhanced significantly the growth of planktonic S. mutans when compared to blank disks tested by student t-test (P<0.01).

Results of the antibacterial activity against P. aeruginosa for silver-, copper- and zinc-doped disks are shown in Figure 5. Again Ag-doped disks had a potential bactericidal effect against planktonic and biofilm grown P. aeruginosa. Cu-doped disks activity against the planktonic bacteria did not exceed the 15% reduction rate after 24 h incubation but it was active against the adherent and biofilm grown P. aeruginosa with 65% reduction rate. Neither planktonic nor biofilm grown P. aeruginosa were affected by Zinc-doped disks after 1 or 24 h incubation.

DISCUSSION

Pure mullite phase was prepared and characterized by elemental analysis (Table 1) and XRD-spectra (Figure 1). Doping of the mullite with the metal ions Ag⁺, Zn²⁺, and Cu²⁺ slightly affects the results of the elemental analysis as compared with the blank, but has no significant effect on the crystalline structure of the mullite. It is highly believed that Zn²⁺ and Cu²⁺ share silicon and aluminum in the buildup of the mullite framework (Sarin et al., 2008), whereas, Ag⁺ is included within the mullite framework.

This study demonstrates the antimicrobial activities of mullite ceramics doped with different concentrations of the metals Ag, Cu, and Zn against biofilm producing strains of S. aureus, S. epidermidis, S. mutans and P. aeruginosa. The investigators aim for assessing the potential activities of metals in preventing the bacterial adherence to the surfaces of the disks, and the durability of the activity in reducing the biofilm and the bactericidal or bacteriostatic action against planktonic bacteria.

The experiments were designed to compare between the activity of the zinc, copper and silver salts used as powders and the activity of these salts after being incorporated in the mullite phase during its formation. Results of agar diffusion susceptibility tests showed that Cu(NO₃)₂ (0.10g/ml) had better antimicrobial activity against S. aureus, S. mutans and P. aeruginosa strains when compared to ZnCl₂ and AgNO₃. However, disks diffusion tests indicated that only Ag-doped disks exerted antimicrobial activity against the tested bacteria. This might be due to the fact that inhibition zones can only be created by diffusion of antimicrobial material and only the Ag composites demonstrated inhibition zones due to the diffusion of Ag⁺.

The MIC/MBC values for AgNO₃, Cu(NO₃)₂ and ZnCl₂ against planktonic and biofilm grown bacteria showed strain specificity among Gram positive and Gram negative bacteria. Values were consistent with microorganisms that were most sensitive to AgNO₃ (0.05/0.07 mg/ml) and least to ZnCl₂ (0.40/0.70 mg/ml) with a minimum one fold increase in MIC/MBC values for Gram positive bacteria grown as biofilms. Furthermore, MIC/MBC for P. aeruginosa (planktonic) was found to be more sensitive to AgNO₃ (0.01/0.05 mg/ml) but more resistant to Cu(NO₃)₂ (0.30/0.60 mg/ml) when compared to Gram positive (0.12/0.30 mg/ml). Interestingly for P. aeruginosa grown as biofilm, the MIC/MBC value for AgNO₃ was found to be (0.50/0.50 mg/ml) that would mean P. aeruginosa is more resistant to AgNO₃ than Gram positive bacteria when grown as biofilm. Finally, ZnCl₂ has greater bacteriostatic and bactericidal effect against P. aeruginosa grown as planktonic and biofilm when compared to Gram positive bacteria. The antimicrobial property of the metal-doped mullite ceramics against the adherence and colonization of the bacteria were studied.
The initial bacterial concentration was almost constant 5 × 10^5 CFU/ml irrespective of the metal concentration in the metal-doped disks or the microbial strain. Ag-doped disks showed anti-adherence and anti-colonization in proportion to increase in metal concentration against all studied microorganisms after 1 and 24 h incubation.

Bacteria strains studied were more tolerant to Ag-doped mullite within 1 h incubation. The effect was better in 24 h incubation. This might be due to the diffusion ability of the silver ions into the suspension and the durability of its antimicrobial activity against microorganisms.

The activity of Cu-doped mullite and Zn-doped mullite as anti-adherence and anti-colonization agents were found to be strain specific. Cu-mullite showed better activity within 1 h incubation against S. mutans, S. epidermidis and P. aeruginosa, however discrepancies were found after 24 h incubation. Cu(2.0)-mullite disks decreased the adherence of P. aeruginosa after 1 h and 24 h incubation with reduction rate of 70% but of an average of about 22% reduction rate in suspended bacteria. These results indicate the potential of Cu-mullite as anti-adherence agent against P. aeruginosa. However, the growth of S. mutans was enhanced after 24 h incubation with all Cu-mullite disks (Cu(1.0)-, Cu(1.5)-, and Cu(2.0)-mullite). This result highlights the fact that Cu-mullite disks activity depends on the duration of exposing the bacteria to the disks. Harrison et al. (2008) elaborated that bacterial biofilms are affected by the duration of exposing the metals to biofilms rendering them to active agents against biofilm after certain time of incubation.

Bacterial sensitivity to Zn-doped mullite disks was found to vary depending on the microbial species. S. mutans adherence was affected with different concentration of zinc in Zn-mullite disks, after 1 and 24 h incubation. However, these disks showed less effect on the planktonic bacteria. While on the other hand, Zn-doped mullite disks failed to stop the attachment and the maturation of P. aeruginosa biofilms similarly as it was found by Saleh et al. (2011). In accordance with a study by Conrady et al. (2008), it was found that Zn-mullite disks enhanced the growth of both S. aureus and S. epidermidis excluding the substance as a potential anti-adherence and anti colonization agent against staphylococcal strains.

**Conclusions**

This study shows that silver-doped mullite ceramics have great promise as antimicrobial agent against S. aureus, S. epidermidis, S. mutans and P. aeruginosa grown as biofilms. However, for in vivo use, silver doped mullite requires extensive investigation to explore the toxicity to humans. The study showed that long exposure of S. mutans to Cu-doped mullite disks resulted in enhanced bacterial growths that was also found in exposing S. aureus and S. epidermidis to ZnCl₂. For better understanding of the way in which these microorganisms interact in situ on metal-doped mullite ceramics, scanning electron microscopy for biofilm monitoring should be considered in close future.

Although the mechanism of action for these metals has not been revealed in this study; results might suggest that metals (Zn, Cu and Ag) could influence the operon activity responsible for biofilm formation, or simply it has a bacteriostatic or bactericidal effect on bacterial growth.

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