

*Full Length Research Paper*

# **Immunomodulatory effects the aqueous extract of *Strychnos camptoneura* (*Loganiaceae*) leaves in Swiss mice**

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*Strychnos camptoneura* (*Loganiaceae*) is used in Congolese traditional medicine to treat various diseases such as malaria and diabetes, but not much is known about its effects on the immune system. Therefore, the purpose of this study was to investigate the immunomodulatory properties of *S. camptoneura* leaves. Mice were treated with the aqueous extract of *S. camptoneura* leaves (100 and 200 mg/kg); those administered with reverse osmosis water and  $\beta$ -1,3-glucan (150 mg/kg) were used as negative and positive controls, respectively. The immunomodulatory effects were measured 24 h post-treatment by quantifying the production of cytokines, and the number of myeloid and lymphoid cells. Treated mice with the aqueous extract showed a significant production of IL-4 and IL-10 compared to negative animals ( $P < 0.001$ ). Similar to  $\beta$ -1,3-glucan, both doses of aqueous extract markedly increased the number of macrophages, dendritic cells, CD4+ T and NK cells in treated-mice, but not of CD8+ T cells. These findings suggest that the *S. camptoneura* leaves possess immunomodulatory properties. Further studies are needed to determine phytochemicals in these leaves and signaling pathways involved in the immunomodulation. This would help to better understand and valorize the therapeutic potential of *S. camptoneura*.

**Key words:** *Strychnos camptoneura*, immunomodulatory effects, cytokines, myeloid cells, lymphoid cells, mice.

## **INTRODUCTION**

The immune system is a network of cells, chemicals (such as cytokines) and processes that function to protect host from foreign antigens such as microbes (such as bacteria, fungi and parasites), viruses, cancer cells and toxins (Marshall et al., 2018). The immune cells include

myeloid lineage cells such as macrophages, dendritic cells, and neutrophils, which are involved in innate immunity. The immune system is also composed of lymphoid lineage cells that are B lymphocytes, CD4+ T and CD8+ T lymphocytes, and natural-killer (NK) cells.

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The B lymphocytes produce antibodies and mediate the adaptative humoral immunity, while T lymphocytes support the adaptative cell-mediated immunity. After being activated, The CD4<sup>+</sup>T cells carry out multiple functions, ranging from activation of the cells of innate immune system, B lymphocytes, cytotoxic T cells, and they also play a critical role in the suppression of immune reaction (Luckheeram et al., 2012). CD8<sup>+</sup> T and NK cells play a central role in the immunity to intracellular pathogens and cancer due to their ability to directly kill infected or malignant cells (Abel et al., 2018; Raskov et al., 2021).

Cytokines are the glycoproteins produced by a broad range of the immune cells and that act as messengers enabling these cells to communicate with one another and to generate a coordinated and robust immune response (O'Shea et al., 2019). Cytokines are classically subdivided into pro-inflammatory and anti-inflammatory cytokines. Pro-inflammatory cytokines, such as tumor necrosis factor-alpha (TNF- $\alpha$ ), interleukin (IL)-1, IL-6 and interferon-gamma (INF- $\gamma$ ), generally promote the activation and proliferation of immune cells, and their homing to the sites of infection. Anti-inflammatory cytokines, such as IL-4 and IL-10, display the anti-inflammatory activities.

It is well known that the dysfunction of the immune system can cause various pathologies such as infectious diseases, parasitic diseases, inflammatory diseases, autoimmune diseases and cancer. Therefore, the search for immunomodulators to adjust immune responses to cope with diseases related to the immune system dysfunction has been gaining more and more interest for some time. The immunomodulators refer to any substance, natural or synthetic, that can suppress or stimulate immune responses (Behl et al., 2021). Immunosuppressants are useful to treat the pathologies requiring immunosuppression, including autoimmune diseases and inflammatory disorders. By contrast, immunostimulants help to improve the immune functions of patients with immunodeficiency disorders, chronic infectious diseases and cancer.

Natural plant-based immunomodulators have gained increasing interest in recent decades as they have the potential to counteract the side effects and high cost of synthetic immunomodulators (Jantan et al., 2015). In addition, medicinal plants have long been recognized for their therapeutic properties, and up to 80% of people worldwide depend on them for some aspects of their primary health care (Zhang et al., 2015) A number of plants used in traditional medicine have proven immunomodulatory activities. These include *Echinacea purpurea*, *Artemisia annua*, *Curcuma domestica*, *Aloe vera*, *Panax ginseng* and *Barleria prionitis*, to name but a few (Alhazmi et al., 2021). *Strychnos camptoneura* (*Loganiaceae*), named "Yindza" in the vernacular in the Republic of Congo, is a plant used by the traditional practitioners to treat various pathologies, including malaria, parasitosis, diabetes, fever and microbial hernia,

while little is known about its effects on the immune system. A previous study found that *S. camptoneura* possesses phytochemicals such as flavonoids and terpenoids, and antioxidant properties (Morabandza et al., 2016a). The purpose of this study was to investigate the immunomodulatory properties of this medicinal plant. Immunomodulatory effects of the aqueous extract of leaves on the production of cytokines (IL-4 and IL-10) and proliferation of immune cells were evaluated.

## MATERIALS AND METHODS

### Plant material and preparation of the aqueous extract

The plant material consisted of the leaves of *S. camptoneura* collected on March 2022 (drought period) from the forest of M'voula's village, in Department of Cuvette-Ouest of the Republic of Congo. This village is located about 740 km from Brazzaville. The botanical authentication of plant material was made at the National Institute for Research in Exact and Natural Sciences (IRSEN) in comparison with the reference specimen registered under No. 271. The harvested leaves were cleaned with distilled water and then dried at room temperature for 14 days. Subsequently, the leaves were grounded into powder; 50 g of the powder were suspended in 500 ml of distilled water and thereafter macerated under agitation for 72 h. The macerated was filtered, and the filtrate was concentrated using rotavapor Buchi Switzerland apparatus at 60°C until excess of solvent was evaporated. Approximately 10 g of the extract was harvested and, subsequently, resuspended in distilled or reverse osmosis water before being used in mice.

### Animals and experimental design

Swice mice aged from 4 to 5 weeks and weighing 15 to 20 g were used in this study. Animal experiments were conducted, on the one hand, at the pet store of the Faculty of Science and Technology of the Marien Nguabi University (Republic of Congo) for the toxicity tests, and on the other hand, at the pet store of the University of Franche-Comté (France) for cytokine and leukocyte analysis. Animals used at the University of Franche-Comté were purchased from Janvier LABS Company (Genest-Saint-Isle, France). All animal study procedures were conducted in accordance with institutional guidelines. Mice were acclimatized to the environment for a week before starting the treatments. Animals were fed standard with free access to water and maintained at a night-day lighting rate (12 h of lighting, 12 h of darkness). After being acclimatized, the mice were divided into experimental groups and treated as presented in Table 1. All animals were treated by oral gavage.

### Acute toxicity assessment

This was done in accordance with OECD Guideline No. 423 for the testing of chemical solutions, which determines the lethal dose (LD50) of 50% of experimental animals and the therapeutic dose (Jonsson et al., 2013). Briefly, the mice were left fasted for 24 h and thereafter treated with distilled water (Group 1) or with of 2000 mg/kg the aqueous extract of *S. camptoneura* leaves (Group 2). Animals were placed back in the cages and observed macroscopically for 30 min and then every hour for four hours. These observations aimed to assess signs of toxicity such as lethality, mobility, alertness, ptosis, aggressiveness, pilo-erection,

**Table 1.** Experimental groups and treatments.

Group	Treatment of mice*
Group 1 (n= 6)	The negative control group to determine normal values of performed tests: the mice received 10 ml/kg of distilled water
Group 2 (n= 6)	The mice were treated 2000 mg/kg of aqueous extract of <i>S. camptoneura</i> leaves. To evaluate the toxicity of this extract
Group 3 (n= 6)	The negative control group: mice received 100 µl of reverse osmosis water. to determine normal values of the performed tests
Group 4 (n= 6)	The mice were treated with 100 mg/kg of the aqueous extract of <i>S. camptoneura</i> leaves. To evaluate the immunomodulatory effects of this extract
Group 5 (n= 6)	The mice were treated with 200 mg/kg of aqueous extract of <i>S. camptoneura</i> leaves. To evaluate the immunomodulatory effects of this extract
Group 6 (n= 6)	The positive control group: mice received 150 mg/kg of β-1,3-glucan, a reference molecule known immunostimulatory

\*All treatments were done by oral gavage.  
Source: Author's research work

animal response to external stimulus, vocalization, sleep and tremor.

### Cytokine quantification

Mice were treated with reverse osmosis water or with the aqueous extract of *S. camptoneura* leaves (Groups 4 and 5). Twenty-four hours (24 h) post-treatment, blood samples were collected in an EDTA tube and centrifuged at 10000 rpm for 5 min at 4°C. Plasma from each animal was transferred in an Eppendorf tube and kept at -20°C until cytokines analysis. Plasma was diluted 1:4 with phosphate buffered saline (1× PBS) and the concentrations of IL-4 and IL-10 cytokines were determined using the commercial sandwich Enzyme-Linked Immunosorbent Assay (ELISA) according to the manufacturer's instructions. The IL-4 and IL-10 ELISA kits were purchased from Elabscience (Houston, Texas, USA).

### Myeloid and lymphoid cell quantification

Mice were treated with reverse osmosis water (Group 3), with the aqueous extract (Groups 4 and 5) or with β-1,3-glucan (Group 6). Twenty-four hours after the treatment, approximately 75 µl of blood sample was taken from each animal in an EDTA tube and kept at 4°C. The immune cells were identified and quantified by flow cytometry analysis. Antibodies used for the myeloid lineage cells were: anti-CD45 for leukocytes, anti-CD11b for macrophages/granulocytes, anti-CD11c for dendritic cells and anti-F4/80 for macrophages.

The antibody mixt included: 1.5 µl anti-CD45, 3 µl anti-CD11b, 3 µl anti-CD11c, 3 µl anti-F4/80 and 139.5 µl PBS 1X (mixte 1). Antibodies for the lymphoid lineage cells were: Anti-CD3 for T cells, anti-CD4 for CD4+ T cells, anti-CD8 for CD8+ T cells, NK-APC-A for NK cells and BV421-A for leukocytes. The mixte included: 1.5 µl anti-CD45, 3 µl anti-CD3, 3 µl anti-CD4, 1.5 µl anti-CD8, 1.5 µl anti-NK and 139.5 µl PBS 1X (mixte 2). To perform the flow cytometric analysis, 25 µl of blood from each animal was mixed with 50 µl of mixte 1 or 2. The mixture was incubated in darkness for 15 min at room temperature, 350 µl of red blood cell lysing buffer was added and then incubated in darkness for 20 min. Cell counting was performed using the BD FACSCanto™ II Flow Cytometry Systems (BD Biosciences, France). All antibodies were purchased from

Elabscience (Houston, Texas, USA).

### Statistical analysis

Data were analyzed using GraphPad Prism version 9.4.1. The Kruskal-Wallis one-way ANOVA test was performed to compare the experimental groups with each other. The results were presented as mean ± standard deviation (SD). *P* value < 0.05 was considered significant.

## RESULTS

### Toxicity of the aqueous extract of *S. camptoneura* leaves

As shown in Table 2, oral administration of the aqueous extract of *S. camptoneura* leaves at a high dose of 2000 mg/kg did not cause any deaths in mice. In addition, no change in psychomotor behaviors was observed in the treated animals compared to control animals that received 10 ml/kg of distilled water.

### Effect of the aqueous extract of *S. camptoneura* leaves on cytokine production

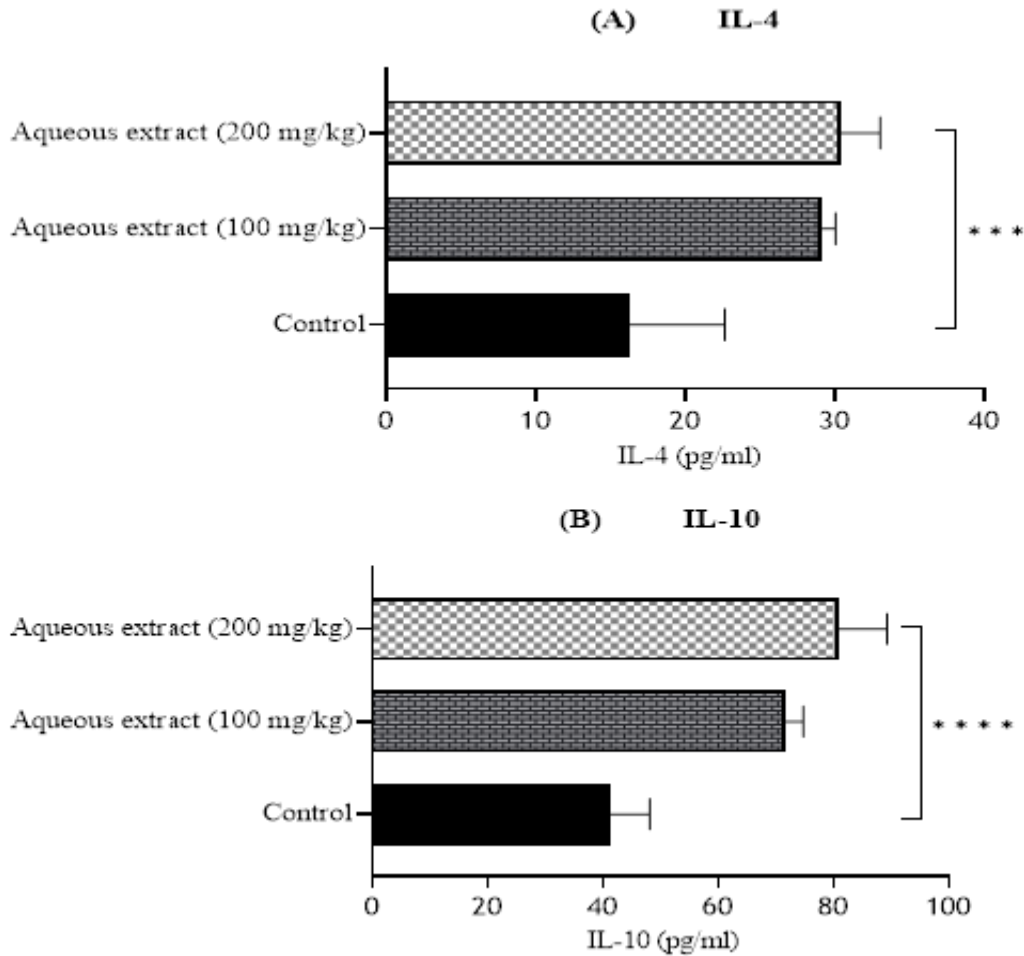
Effect of the aqueous extract of *S. camptoneura* leaves on IL-4 and IL-10 production was quantified by ELISA 24 h after the treatment. The concentrations of both cytokines in the plasma were significantly higher (*p*<0.001) in mice treated with the extract compared to control animals that were administered with reverse osmosis water. The mean concentrations of IL-4 in treated mice were 29.12 ± 0.89 and 30.38 ± 2.60 pg/ml at 100 and 200 mg/kg of the extract, respectively, whereas the mean contraction of this cytokine in negative control group was 16.20 ± 6.41 pg/ml (Figure 1A). For IL-10, the

**Table 2.** Effect of the aqueous extract of *S. camptoneura* leaves on mortality, mobility, vigilance, ptosis, response to stimuli, tremor, vocalization and sleep in mice.

Parameter	Treatment of mice	
	Distilled water (10 ml/kg)	Aqueous extract (2000 mg/kg)
Mortality	A	A
Mobility	N	N
Vigilance	N	N
Ptosis	A	A
Response to stimuli	N	N
Tremor	A	A
Vocalization	A	A
Sleep	A	A

Mice were treated with distilled water (negative control group) or with the aqueous extract of *S. camptoneura* leaves by oral route. They were observed macroscopically for 30 minutes and then every hour for 4 hours. A, absence of the sign; N, normal sign

Source: Author's research work



**Figure 1.** Effects of the aqueous extract of *S. camptoneura* leaves on the cytokines production in mice. Mice were treated with reverse osmosis water (negative control group) or with the aqueous extract (100 mg/kg and 200 mg/kg). Concentrations of IL-4 (A) and IL-10 (B) in the plasma were determined by ELISA 24 hours post-treatment. Data expressed as mean  $\pm$  SD values of six animals. \*\*\*  $P < 0,001$  and \*\*\*\*  $P < 0.0001$  significant difference compared to negative control group. Source: Author's research work

**Table 3.** Effect of the aqueous extract of *S. camptoneura* leaves on myeloid and lymphoid cell proliferation in mice.

Cell type	Treatment of mice			
	Reverse osmosis water (100 µL)	<i>S. camptoneura</i> (100 mg/kg)	<i>S. camptoneura</i> (200 mg/kg)	β-1,3-glucan (150 mg/kg)
Macrophages	03.63 ± 0.25%	06.96 ± 0.20%**	09.97 ± 0.85%**	20.33 ± 2.50%***
Dendritic cells	09.53 ± 0.35%	13.76 ± 0.41%***	17.13 ± 2.45%***	16.02 ± 4.18%***
T CD4+ cells	60.03 ± 1.55%	75.63 ± 3.15%*	80.63 ± 1.40%*	88.20 ± 1.05%***
T CD8+ cells	25.6 ± 1.40%	18.76 ± 0.89%*	16.13 ± 0.80%*	40.10 ± 9.19%***
NK cells	10.73 ± 3.25%	14.46 ± 0.40%*	15.86 ± 1.50*	27.36 ± 4.50%***

Mice were treated the aqueous extract of *S. camptoneura* leaves (100mg/kg or 200 mg/kg), with reverse osmosis water (negative control animals) or with β-1,3-glucan (150 mg/kg) by oral gavage. The cell counts were performed by flow cytometer. Data are expressed as mean ± SD values of six animals. \* $P < 0.05$ , \*\* $P < 0.01$  and \*\*\* $P < 0.001$  significant difference compared to negative control group.

Source: Author's research work

mean concentrations were  $41.27 \pm 6.86$  pg/ml in control group and  $71.56 \pm 3.19$  and  $80.93 \pm 8.37$  pg/ml in treated mice with 100 and 200 mg/kg of the aqueous extract of *S. camptoneura* leaves, respectively (Figure 1B).

#### Effect of the aqueous extract of *S. camptoneura* leaves on myeloid and lymphoid cell proliferation

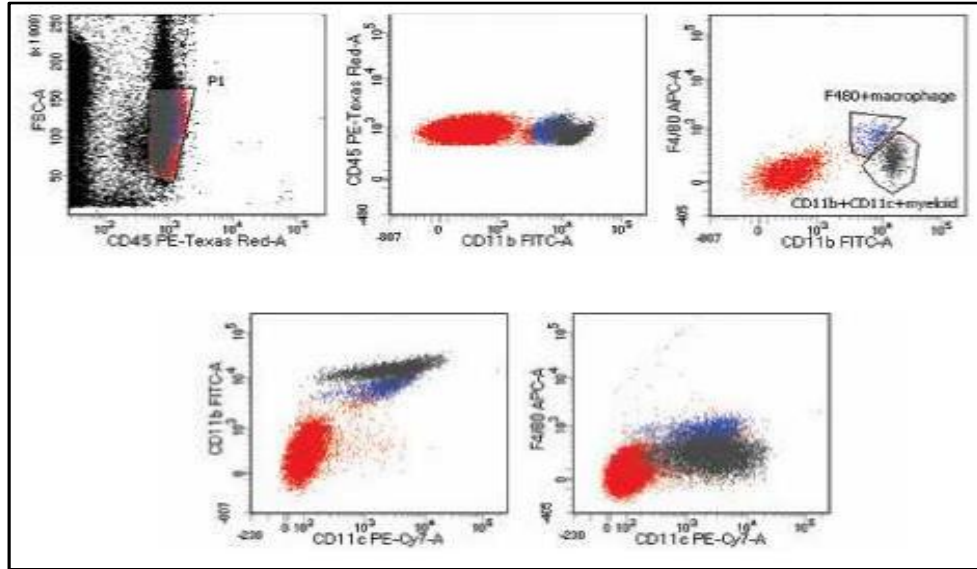
Analysis of the myeloid lineage cells (macrophages and dendritic cells) and lymphoid lineage cells (CD4+ T, CD8+T and NK cells) was carried out to investigate whether the aqueous extract of *S. camptoneura* leaves affects the proliferation of these cells. The results of flow cytometric analysis are reported in Figure 2 and Table 3. It was observed that the aqueous extract (at doses of 100 and 200 mg/kg) induced a significant increase ( $p < 0.01$ ) in the number of macrophages and dendritic cells in treated mice compared to negative control animals that were administered with reverse osmosis water. A significant increase in the number of CD4+ T and NK cells was also seen in animals treated with the aqueous extract. By contrast, a significant decrease in the number of CD8+ T cells was observed in treated-mice compared to negative control animals, and this decrease appeared to be proportional to the dose of treatment. On the other hand, the treatment of animals with β-1,3-glucan (150 mg/kg) strongly stimulated proliferation of macrophages, dendritic cells, CD4+ and CD8+T cells and NK cells compared to negative control animals (Table 3;  $p < 0.001$ ).

#### DISCUSSION

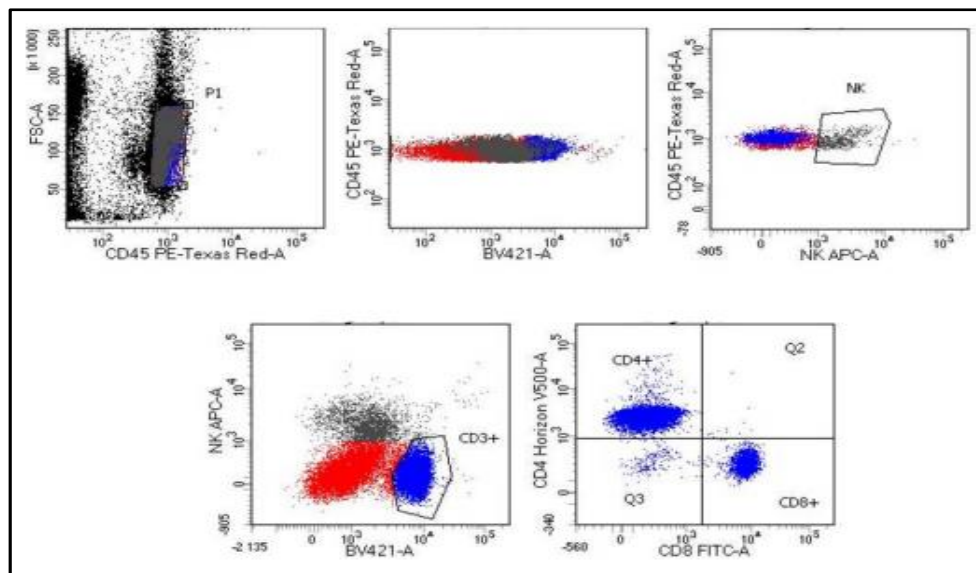
The aim of this present study was to investigate the immunomodulatory properties of *S. camptoneura*, a plant whose leaves, bark and stems are used in traditional Congolese medicine to treat a variety of pathologies. We evaluated effects of aqueous leaf extract of this plant on the production of anti-inflammatory cytokines, and on the

proliferation of macrophages, dendritic cells, CD4+ and CD8+ T cells and NK cells in mice. We first examined the toxicity of this aqueous extract, and observed it did not cause any macroscopic signs of toxicity in the treated animals. Similar results had been obtained with the aqueous extract of *S. camptoneura* bark and stems (Morabandza et al., 2016b). Overall, and in accordance with the Harmonized Integrated System of Hazards to Human Health and the Environment of Chemical Substances and Mixtures (OECD, 2002), *S. camptoneura* can be classified as a non-toxic plant (OECD, 2002). Cytokine analysis showed that the aqueous extract of *S. camptoneura* leaves induced a very high production of IL-4 and IL-10 in treated mice. This indicated that this extract has anti-inflammatory properties. Indeed, IL-4 and IL-10, also known as Th2-type cytokines, are cytokines that in excess exert anti-inflammatory activities by inhibiting those of pro-inflammatory cytokines such as IL-1, TNF-α and IFN-γ (Maspi et al., 2016). IL-4 is a pleiotropic cytokine that influences Th cell differentiation as its early secretion leads to differentiation of naïve CD4 T cells (Th0) towards the Th2 phenotype. IL-4 can inhibit the production of Th1-type cytokines by reducing the production of IL-12 (Kaiko et al., 2008). IL-10 is considered the prototype of anti-inflammatory cytokines that contributes to the maintenance and reestablishment of immune homeostasis (Bedke et al., 2019). It downregulates the expression of Th1 cytokines by blocking the activity of the transcription factor NF-κB (Bedke et al., 2019). Previous studies also showed that some medicinal plants are able to induce the production of cytokines IL4 and IL-10. For example, Gholamnezhad et al. (2015) showed that *Nigella sativa* stimulated the production of IL4 in rats. The aqueous extracts of *Combretum hereroense* and *Canthium mundianum* leaves induced the production of IL-4 by the human peripheral blood mononuclear cells *in vitro* (Samie and Madzie, 2016). On the other hand, a study on the immunomodulatory effects of the *Aloe vera* peel extract in splenocyte cultures showed that this extract did not

**(A) Myeloid cells**



**(B) Lymphoid cells**



**Figure 2.** Flow cytometric evaluation of the effect of the aqueous extract of *S. camptoneura* leaves in mice. Blood samples were collected from mice and labelled as described in Materials and methods. Cell counting was performed by FACS. (A) FACS analysis results for the myeloid cells. (B) FACS analysis results for the lymphoid cells. PE, Phycoerythrin; FITC, Fluorescein isothiocyanate.

Source: Author's research work

stimulate the production of IL-2 and INF- $\gamma$  but did not promote the production of IL-4 and IL-10 (Kwon et al., 2009). It was suggested that these effects could be due to the presence in *Aloe vera* of emodin which has an immunomodulatory effect by promoting Th2 cytokines and reducing Th1 cytokines (Liu et al., 2009). In the

present study, we also observed that the aqueous extract of the *S. camptoneura* leaves stimulated production of IL-4 and IL-10. However, we were unable to identify phytochemicals responsible for the effects observed. We speculate that these effects may be due to the combined action of flavonoids and terpenoids, which were found

within this plant (Morabandza et al., 2016b). Indeed, some flavonoids exert the anti-inflammatory activities by inhibiting transcription factors important for controlling mediators involved in inflammation (Maleki et al., 2019). On the other hand, studies have also shown that some terpenoids can inhibit the expression of NF- $\kappa$ B, a transcription factor that plays an important role in regulating immune and inflammatory responses, thereby promoting an anti-inflammatory response (Heras and Hortelano, 2009).

To examine in depth the immunomodulatory properties of *S. camptoneura*, we analyzed the effects of aqueous leaf extract on the production of myeloid and lymphoid cells *in vivo*. Myeloid cells include, among others, macrophages and dendritic cells. As the results showed, a significant increase in the number of macrophages and dendritic cells was observed in mice treated with the extract compared to negative control animals, which indicated its immunostimulatory effects on these cells as expected, a significant increase in the number of these cells was also observed in animals treated with  $\beta$ -1,3-glucan used in this study as positive control. Indeed,  $\beta$  glucans are well known as immunostimulants (Han et al., 2020). Since they are not produced by mammalian cells,  $\beta$  glucans are recognized as microbe-associated molecular patterns (MAMPs) by pattern recognition receptors (PRRs) expressed on the surface of innate immune (De Marco Castro et al., 2021). The binding of  $\beta$ -glucan to the receptor on dendritic cells and macrophages triggers their activation and maturation, increases their ability to present the antigen, and improves the production of pro-inflammatory cytokines that stimulate the polarization of Th1 and Th17 responses. It also induces the activation of CD8+ cytotoxic T lymphocytes (CTL) and NK cells (Bono et al., 2020). Exposed to external stimuli, macrophages can be differentiated into two subtypes, M1 and M2 macrophages (Saqib et al., 2018). M1 macrophages are activated mainly by IFN- $\gamma$ , and they are responsible for inflammatory signaling and tissue damage. By contrast, M2 macrophages produce anti-inflammatory cytokines such as IL-4, IL-10 and TGF- $\beta$ , which contribute to tissue healing and in the resolution of inflammatory process. Lipopolysaccharides (LPS) and IFN- $\gamma$  drive the polarization of macrophages to the M1 phenotype, while IL-4 directs it to the M2 phenotype (Huang and Xu, 2019). It has been reported that phytochemicals such as polyphenols, flavonoids and terpenes have the ability to modulate the conversion of macrophages to the M2 phenotype (Saqib et al., 2018). Considering the fact that the aqueous extract of *S. camptoneura* leaves stimulates the production of IL-4 and contains flavonoids and terpenoids, we can conclude that this plant has the potential to promote the differentiation of M2 macrophages. Regarding dendritic cells, recent studies have shown that there are two conventional dendritic cell subpopulations, designated DC1 and DC2, whose

differentiation strongly depends on the stimulus (Balan et al., 2019). Pro-inflammatory cytokines such as IFN- $\gamma$  promote the generation of DC1, while anti-inflammatory cytokines (IL-4 and IL-10) drive the differentiation of DC2. Thus, the fact that the aqueous extract of *S. camptoneura* leaves induces the production of IL-4 and IL-10 suggests that these leaves contain phytochemicals that promote the differentiation of DC2. However, studies using the specific markers of dendritic cell subtypes are needed for verifying this assumption.

In this work, we also observed that the aqueous extract of *S. camptoneura* leaves stimulated the proliferation of CD4+ T and NK cells. The number of these cells was significantly increased in the blood of treated mice compared to negative control animals. CD4+ T lymphocytes, also known as helper T cells (Th), are divided into two major groups, designated Th1 and Th2 cells, mainly depending on the cytokines they produce (Zhu et al., 2010). Th1 cells produce IFN- $\gamma$  as their signature cytokine and their proliferation evoke cell mediated immunity and inflammation. By contrast, Th2 cells fail to produce IFN- $\gamma$  but do produce the anti-inflammatory cytokines such as IL-4, IL-5 and IL-13. From these facts, it can be assumed that the aqueous extract of *S. camptoneura* leaves promotes a Th2-type response in animals. Some previous studies have also been done regarding immunomodulatory effects of plants on NK cells. For example, it has been reported that the oral administration of white ginseng extracts enhances the cytotoxic activity and production of NK cells isolated from wild-type B6 mice but not from IFN- $\gamma$  knockout mice, suggesting the involvement of IFN- $\gamma$  in white ginseng's immunostimulatory effect (Kim et al., 2022). NK cells are classically activated by Th1-type cytokines and, in turn, they secrete a large amount of IFN- $\gamma$  that accelerates Th-type responses (Kiniwa et al., 2016). These authors also reported that overexpression of IL-4 induces the proliferation of tissue-resident macrophages and the production of IL-15, which contributes to the proliferation of a particular subpopulation of NK cells designated IL4-NK-like cells. This could explain the increase in the number of NK cells that we observed in our study.

Unlike treatment with  $\beta$ -1,3-glucan glucan, the treatment of mice with the aqueous extract of *S. camptoneura* leaves did not stimulate the proliferation of CD8+ T cells but did promote their decrease, which appeared to be dose-dependent. In addition, the amount of CD8+ T cells in treated mice was significantly lower compared to untreated animals. It is possible that at doses of 100 and 200 mg/kg, the aqueous extract of *S. camptoneura* leaves may cause TCD8+ cell death. It is also possible that this extract contains phytochemicals that have an immunosuppressive effect on CD8+ T cell proliferation.

One of the limitations of our study is that we were not able to analyze pro-inflammatory cytokines, including IFN- $\gamma$ . We also did not examine the kinetics of cytokine

and immune cell production. These analyses would also have made it possible to determine the level of production of pro-inflammatory cytokines and, consequently, to evaluate the immunomodulatory effects of the aqueous extract of *S. camptoneura* leaves over a long period of time.

## Conclusion

This study demonstrates that the aqueous extract of *S. camptoneura* leaves have immune-modulatory effects on cytokines and leukocytes. The extract augments the production of IL-4 and IL-10, and the number of macrophages, dendritic cells, CD4+ T cells and NK cells. The immunologically active compounds present in leaves and their signaling pathways involved that immunomodulation need to be identified. This would help to valorize the therapeutic potential of *S. camptoneura* leaves, particularly in the treatment of inflammation-related diseases.

## CONFLICT OF INTERESTS

The authors have not declared any conflict of interests

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