

Short Communication

Isolation, purification, and structural elucidation of a fructan from *Arctium lappa* L.

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A fructan named ALF was isolated from *Arctium lappa* L. The structure of ALF was determined by methylation, GC-MS analysis, and both ^1H and ^{13}C NMR spectroscopy. These results showed that ALF is an inulin-type fructan that is comprised of D-fructose and D-glucose in the molar ratio of 14:1, which is confirmed by the composition of 14 fructose residues linked by β (2 \rightarrow 1) glycosidic bond and 1 glucose residue linked by α (1 \rightarrow 2) glycosidic bond at the end of linear straight sugar chain.

Key words: Fructan, structure, *Arctium lappa* L.

INTRODUCTION

Fructans exist as a wide range of oligo- and polysaccharides in many species of bacteria, fungi, and plants (Andrew et al., 2002). They are classified into different families on the basis of their glycosidic linkages, consisting of (2 \rightarrow 1)-linked β -D-fructofuranosyl units such as inulin, or (2 \rightarrow 6)-linked β -D-fructofuranosyl units such as levans, or highly branched structures comprised of both (2 \rightarrow 1)- and (2 \rightarrow 6)-linked β -D-fructofuranosyl units such as graminans (Praznik and Spies, 1993; Hinch et al., 2002).

Arctium lappa L., a fructan-containing member of the Compositae family, is a very popular edible vegetable in the orient countries. It has been extensively analyzed for its reserve and cell wall polysaccharides (Kato and Watanabe, 1993), components having antimicrobial activity as well as for extractive components with antioxidant activity (Healy et al., 1999). Kardosová (2003) reported that a water-soluble fructan isolated from *A. lappa* L. has anti-tussive activity. The present work reports on isolation, structural analysis of a fructan from the roots of *A. lappa* L., widely distributed in our geographical conditions.

EXPERIMENTAL

Materials

T-series dextran, DEAE-Sephadex A-50, and DEAE-cellulose were purchased from Amersham Biosciences (Uppsala, Sweden). TFA was purchased from Sigma Chemical Co. (St. Louis, MO, USA). All other chemical reagents were of analytical reagent grade.

Optical rotation: WZZ-1S automatic polarimeter (Shanghai Physical Optics Instruments Co.).

IR: Perkin-Elmer 591B spectrophotometer with a KBr pellet (native ALF) or Nujol film (permethylated ALF).

GLC: Shimadzu-14B apparatus equipped with a 3% OV-225/AW-DMCS-Chromosorb W column (2.5 m x 3 mm) and an FID detector (detector temperature: 250 $^{\circ}\text{C}$); column temperature programming: 110 $^{\circ}\text{C}$ (5 min) \rightarrow 210 $^{\circ}\text{C}$ (20 min).

Element analysis: VarioEL III elemental analyzer.

Plant

The roots of *A. lappa* L. were the product of Gaomi City, Shandong Province, China, in March 2006 and identified by Ji'nan Botanical Garden and Professor Kao-Shan Chen in the School of Life Science, Shandong University (Ji'nan, China).

Isolation of ALF

The shade air-dried roots (1 kg) were cut into pieces with a fodder chopper and extracted with EtOH (4 L) at r.t. for several days to remove fat and pigment. The residue was extracted successively with H₂O (5 L, 2 h) at 80 $^{\circ}\text{C}$ for three times, filtered through gauze and centrifuged to remove water-insoluble materials. The aqueous extract was concentrated at 45 $^{\circ}\text{C}$ in vacuo and treated with 3 volumes of 95% EtOH for precipitation at 4 $^{\circ}\text{C}$ overnight. The gel-like precipitate was suspended in H₂O and dialyzed against distilled H₂O (exclusion limit 0.8 kDa). The nondialyzable portion was treated with papain-Sevag method to remove protein. After the process was repeated two times, the supernatant was lyophilized, and a yellow product was obtained named ALF1.

Table 1. GC-MS data for methylation analysis of ALF.

Methylated sugars	Molar ratio	Linkage types
2, 3, 4, 6-Tetra-O-Me-Glc	1.0	Glc _p (1→
1, 3, 4, 6-Tetra-O-Me-Fru	1.0	Fru _f (2→
3, 4, 6-Tri-O-Me-Fru	13	→1) Fru _f (2→

ALF1 was dissolved in distilled H₂O, centrifuged and loaded onto a DEAE-cellulose column (80cm x 3.5 cm). The column was eluted with H₂O. Fractions of 10 ml were collected and monitored for the presence of carbohydrate using the phenol-H₂SO₄ assay. Fractions containing carbohydrate were pooled, dialyzed and lyophilized. The fraction eluted with water from ALF1 designated as ALF2 was further fractionated on a column (100 x 3.5 cm) of Sephadex G-50, eluted with H₂O. The carbohydrate was eluted as one single fraction (ALF) according to the elution profile. The fraction ALF was dialyzed and lyophilized.

Homogeneity and molecular weight

High-performance gel permeation chromatography (HPGPC) was carried out with a Waters 515 pump equipped with a Waters Ultra-hydrogelTM 1000 column and a Waters 2410 RI detector. The column was calibrated with standard T-series Dextran (T-500, T-110, T-80, T-70, T-40 and T-9.3) with 0.003 M NaOAc as the mobile phase at a flow rate of 0.5 mL/min. All samples were prepared as 0.4% (w/v) solutions and 20 µL of solution was analyzed in each run. The data were processed with Waters GPC Millennium32 software.

Monosaccharide analysis and linkage analysis (Dong and Fang, 2001)

ALF (3 mg) was hydrolyzed with 2 M TFA at 80°C for 1 h, followed by evaporation to dryness. The residue was redissolved in H₂O (0.2 ml), with 5 µl of the solution used for TLC analysis. The other portion was successively reduced with NaBH₄, acetylated with Ac₂O at 100°C for 1 h, and the resulting alditol acetate was examined by GLC.

ALF (5 mg) was methylated four times using the modified Ciucanu method (Shi et al., 2007). The permethylated ALF was depolymerized with 90% formic acid (100°C, 1 h), followed by hydrolysis with 2 M TFA (100°C, 2 h). The hydrolysate was converted into partially methylated alditol acetate and analyzed by GC-MS with a Shimadzu QP Class-5000 instrument.

¹H NMR and ¹³C NMR spectroscopy

¹H and ¹³C NMR spectra were measured using a Bruker AM-400 NMR instrument equipped with a dual probe in the FT mode at 20°C. ALF (30 mg) was dissolved in D₂O at a concentration of 30 mg/0.5 ml. Chemical shifts referred to the residual signal of HOD at δ 4.70 ppm for ¹H NMR spectrum and the internal standard, acetone for ¹³C NMR spectra.

RESULTS AND DISCUSSION

ALF was obtained from the root of *A. lappa*, using water extraction, DEAE-cellulose column, and Sephadex G-50.

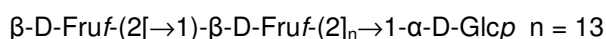
On HPGPC, ALF showed a symmetrical peak, indicating a homogenous fraction. The average molecular weight was estimated to be 3.1 x 10³ g/mol. After complete hydrolysis with 2 M TFA, TLC analysis showed that ALF contains no uronic acid. GLC analysis indicated that it was composed of fructose and glucose. The absorption in the IR (not shown) indicated that ALF has characteristic peaks of polysaccharide. The content of C (40.53%) and H (6.599%) was estimated by elemental analysis. The molar ratio of C: H: O was 1:2:1. The [α]_D value of ALF was -33 (c 0.80, H₂O).

After methylating four times using the modified Ciucanu method, the O-H absorption at 3600 - 3200 cm⁻¹ in IR disappeared, indicating the completeness of methylation. The permethylated ALF was depolymerized and converted into partially methylated alditol acetate. GC-MS analysis showed three types of linkages, corresponding to T-Glc_p (terminal), →1) Fru_f (2→ and Fru_f (2→, respectively, approximately in the molar ratio of 1:13:1 (Table 1).

The ¹³C NMR spectrum contained two anomeric signals at δ 104.48 and δ 93.58 ppm. The signal at δ 104.48 arose from the anomeric atoms of →1) Fru_f (2→ and the signal at δ 93.58 was assigned to T-Glc_p. The corresponding reversed peak in the DEPT spectrum, that is, δ 63.37 and δ 62.14, were the signals of C6 and C1 of fructose (Figure 1). Other ¹³C NMR signals were tentatively assigned and are shown in Table 2, referred to the literature values (Chen and Tian, 2003).

The structure of ALF was further confirmed by its HMQC and HMBC spectra (not shown). In the HMQC, the cross-peak was found showing a correlation between the C2 signal of the β-D-Fruf residue with the H-1 signal of the α-D-Glcp residue, and there were no other cross-peaks between the signal of the β-D-Fruf residue with the signal of the α-D-Glcp residue. Therefore, the α-D-Glcp was shown to be linked only at the 1-position.

It could thus be concluded that ALF is comprised of β-D-Fruf and α-D-Glcp in the molar ratio of 14:1, which is confirmed by the composition of 14 fructose residues linked by β (2→1) glycosidic bond and 1 glucose residue linked by α (1→2) glycosidic bond at the end of linear straight sugar chain. The structure formula was inferred as below:

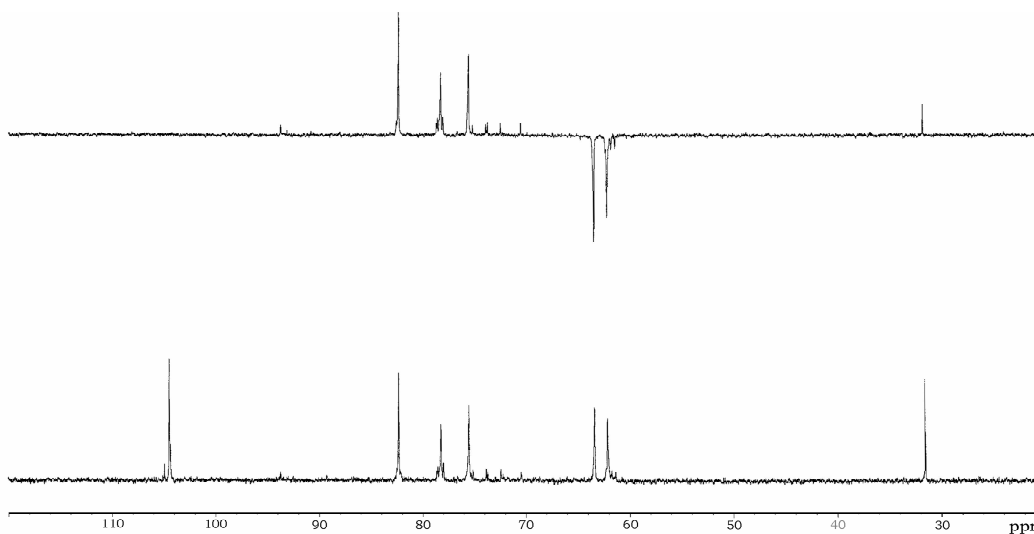


It is the first time that the presence of the fructan possessing the DB (degree of branch) value in *A. lappa* is reported.

Table 2. ^{13}C NMR signal assignments for ALF.

	$\rightarrow 1) \text{Fru}_f (2 \rightarrow$	$\text{Fru}_f (2 \rightarrow$	1-Glc_p
C1	62.14	61.80	93.58
C2	104.48, 104.33	104.93	72.43
C3	78.53, 78.23	78.01	73.85
C4	75.52	75.01	70.84
C5	82.32 ^a	82.32 ^a	73.65
C6	63.37 ^a	63.37 ^a	61.20

^a Unresolved from other signals.

**Figure 1.** ^{13}C NMR spectrum of ALF.

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